



## CLEANING CART SAFETY TIPS



### Be Prepared

- ✓ Load cart within weight capacity
- ✓ Ensure materials on the cart are secure and cart is not likely to tip
- ✓ Do not load more materials than you need for a few hours
- ✓ Ensure you have the appropriate personal protective equipment (PPE) for the type of work performed:
  - Gloves
  - Slip-resistant shoes
  - Safety glasses/goggles
- ✓ Ensure you have a sharps container

### Work Safe

- ✓ Stack heavier objects at mid body height or lower
- ✓ Stack load so that you can see forward
- ✓ Push rather than pull
- ✓ No people riding carts
- ✓ Avoid inclines if possible
- ✓ On an incline always have the load downgrade of you
- ✓ Plan your route to drop off heavy or bulky materials first
- ✓ Don't compress garbage or reach into garbage containers with bare hands
- ✓ Empty garbage regularly
- ✓ Be sure containers on your cart are labeled properly

### Finish Right

- ✓ Store the cleaning chemicals in the designated location
- ✓ Dispose of sharps in correct location
- ✓ Clean and put away PPE
- ✓ After removing gloves wash your hands and dry
- ✓ Report any problems with the equipment to your supervisor
- ✓ Report any skin problems or work related aches and pains to your supervisor



**Speak up!**

If you see a hazard, let a supervisor know.  
Everyone plays a role in your safety and health.



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