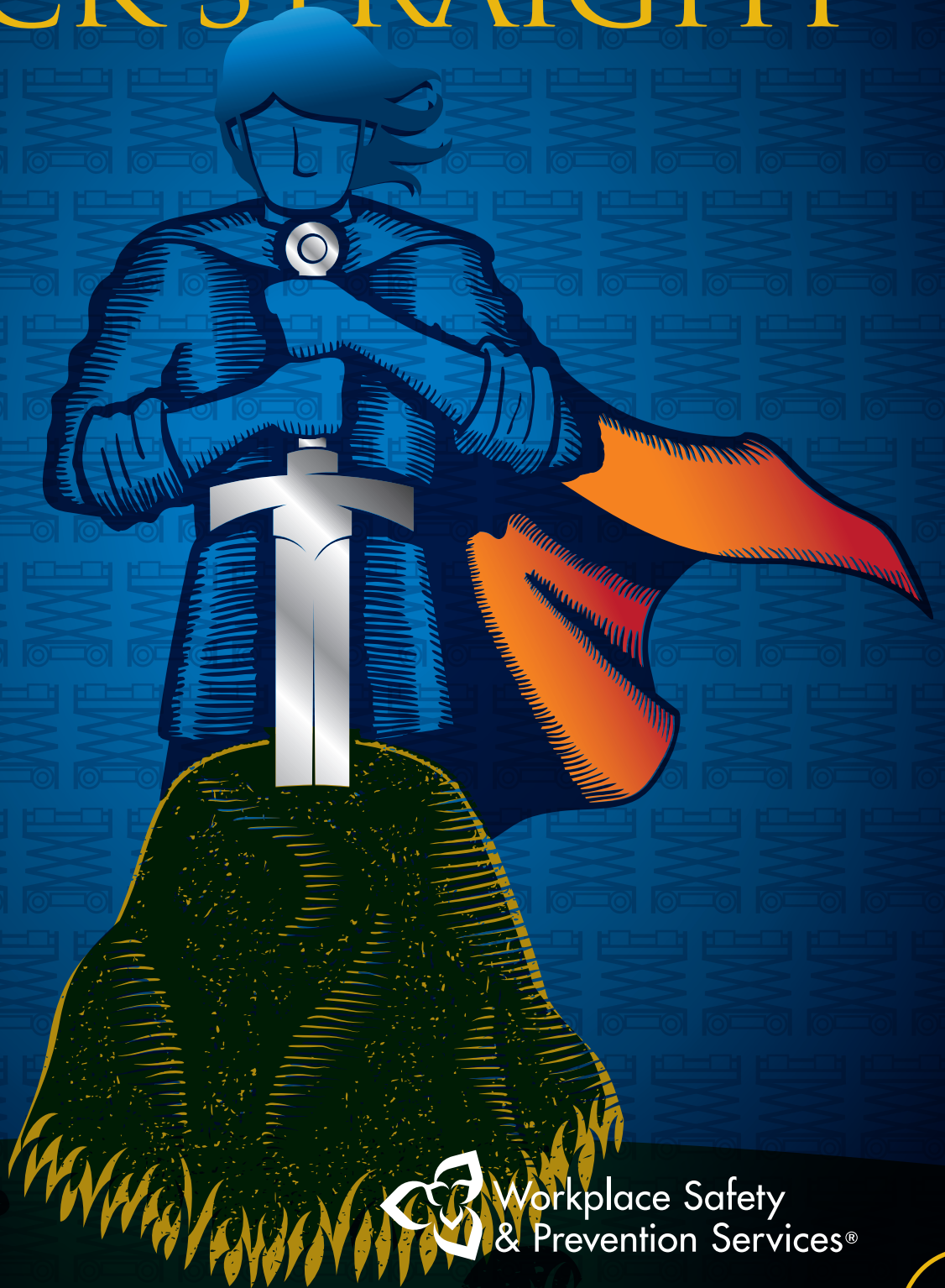


Safe Lifting

KNEES BENT, BACK STRAIGHT



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