

1,887

in 2018¹

OVEREXERTION ONTARIO

Small Businesses Lost Time Injury (LTI) claims

ROLES IN SMALL BUSINESS MOST AFFECTED¹

- Labourers
- Material Handlers
- Motor Vehicle Mechanics
- Retail Salespersons



SAFETY IN THE WORKPLACE

HAZARD



Lifting & Lowering



Pulling & Pushing



Carrying

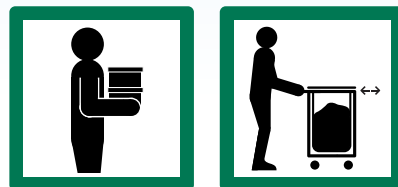


Twisting

FIX



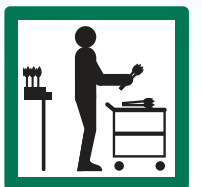
▪ Don't store things on the floor



▪ Make loads smaller



▪ Use a cart



▪ Face direction of travel and turn feet when carrying

Work shouldn't hurt

For more information contact Workplace Safety & Prevention Services

wpsps.ca 1 877 494 WSPS (9777)

CONNECT WITH US



 Workplace Safety & Prevention Services®

Sources: ¹ WSIB Enterprise Information Warehouse as of June 2019