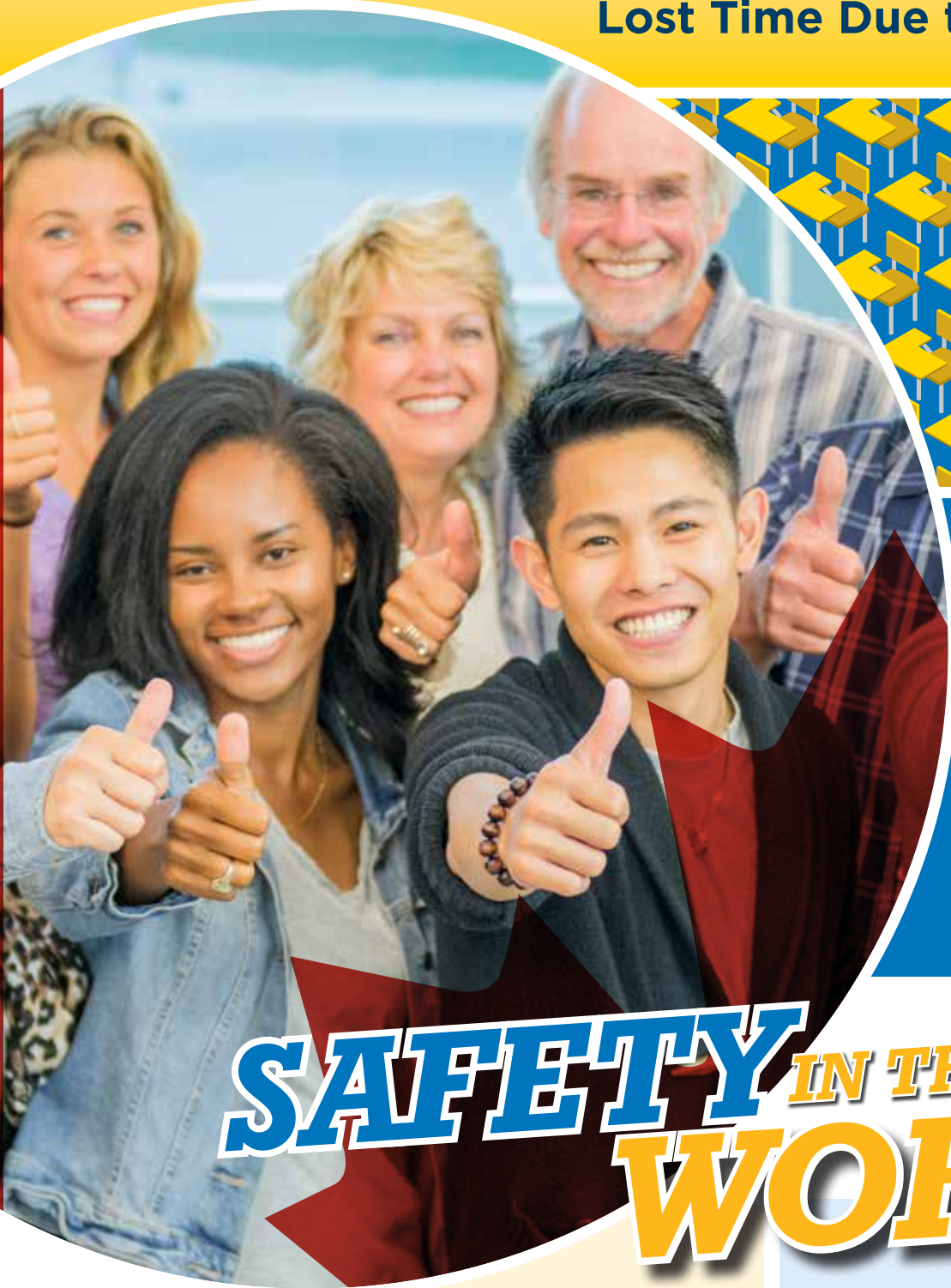


350 NEW & YOUNG WORKERS

In ONTARIO SMALL BUSINESSES
Lost Time Due to Injury in 2018¹



THAT'S ENOUGH TO FILL
15 ONTARIO HIGH SCHOOL
CLASSROOMS²

WORKERS MOST AFFECTED IN SMALL BUSINESS

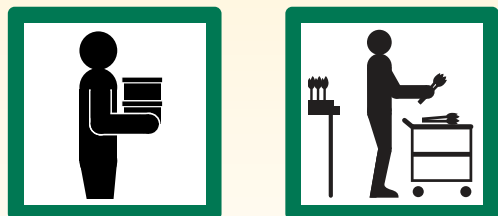
- Cooks
- Labourers
- Food Service Counter Attendants
- Kitchen Helpers

SAFETY IN THE WORKPLACE

HAZARD

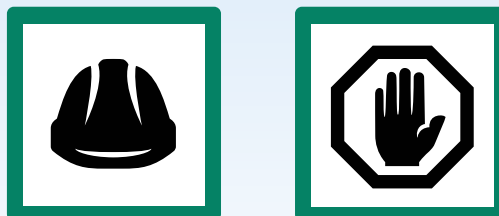
FIX

Overexertion (Repetitive Motion)



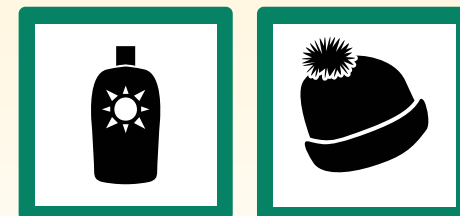
- Do not store items on the floor or in aisle ways
- Make loads smaller
- Use a cart or dolly
- Push the load instead of pulling
- Maintain safe body positioning and avoid twisting movements

Struck by Something or Struck Against Something



- Clear appropriate space for machinery, work and movement
- Design safe material storage and handling practices
- Provide ongoing training and supervision for workers
- Reinforce safe work practices for all equipment and job tasks

Temperature Extremes



- Ensure proper ventilation
- Provide shaded rest areas or cooling stations
- Take rest breaks and monitor for heat stress symptoms
- Stay hydrated
- Dress for the climate

For more information contact Workplace Safety & Prevention Services

wpsps.ca 1 877 494 WSPS (9777)



Sources: ¹ WSIB Enterprise Information Warehouse as of June 2019
² www.ontario.ca/laws/regulation/120132