Does Your Job Involve WORKING IN THE DARK?

Everything’s different in the dark
MAYBE it’s the wall that juts out, or uneven flooring.
MAYBE there are moving parts on stage, or moving people.
PERHAPS it’s the work you do all the time but in an unfamiliar environment.

The point is, when you take away the light, you add risk.

Start slow to go fast.
Many tasks must be completed quickly, so while it may seem counterintuitive, embrace the old adage, “You have to walk before you can run.” If a job requires working in the dark, teach first how to do the job with the lights on. As the work is mastered, slowly acclimatize workers to the lighting conditions and soon they will be up to speed – literally.

Be proactive.
Look for ways to make your environment or your process safer. What could you be doing differently?

Be mindful.
New workers, or workers new to the environment, need to be provided with appropriate training. Observe how these workers react to the conditions and support them as they acclimate.

Adapt your mindset.
Sometimes people resist new methods when they have been doing a job for a long time. Challenge old thinking. Reinforce safe working procedures – and enforce them.

Working in the dark
DOESN’T just mean working without LIGHT

- Low light conditions
- Rapidly changing lighting conditions
- Outdoors at dusk/night/dawn
- Working with task lighting exclusively
- Low visibility
- Dark set

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