PARTNERS IN PREVENTION 2017
REGIONAL HEALTH & SAFETY CONFERENCE

Connect | Collaborate | Create

SOUTHWESTERN ONTARIO

October 25, 2017
KITCHENER
It addresses the needs and challenges of workplaces in Southwestern Ontario. Located in the heart of your region, it’s the place to be for local businesses seeking solutions to improve safety and productivity. Here you can share, learn, network, and get answers to your many health and safety questions. With community focused sessions that have been hand-picked by the local planning committee, conference topics reflect both regional and provincial health and safety concerns.

Motivating keynote speakers will entertain and inspire you while our solutions focused Trade Show will provide you access to a variety of exhibitors displaying the latest products and services to help you improve your health and safety performance.

Join us at the conference to help get Ontario home safe... every time. We look forward to seeing you there!

**George Minow**
Conference Chair | Health and Safety Manager | Kitchener Wilmot Hydro

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**Thanks to our generous sponsors**

**Platinum**

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**Gold**

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**Silver**

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**Bronze**

![LINAMAR](image)
Registration & Breakfast 6:30–8:00 am
Trade Show Opens 7:00 am

**Morning Keynote** 8:00–9:00 am

**Professor Timothy Caulfield**
LL.B. | LL.M. | Canada Research Chair in Health Law and Policy | Trudeau Fellow | Professor, Faculty of Law and School of Public Health, University of Alberta | Research Director, Health Law Institute | Author

**Is Gwyneth Paltrow Wrong About Everything? When Celebrity Culture and Science Clash**

Celebrities are everywhere! This matters. Seriously. Research shows that popular culture has a profound influence on people’s health and that our ideals of beauty and success are framed by a celebrity-dominated worldview. In this fun and provocative presentation, Professor Timothy Caulfield will examine what science tells us about the influence of popular culture. He will also debunk common health myths and provide practical, evidence-based, recommendations relevant to both healthcare professionals and to individuals seeking to live a healthy lifestyle.

**Afternoon Keynote** 12:30–1:30 pm

**Michael Landsberg**
Former Host of TSN’s *Off the Record*  
Mental Health Advocate

**Sick, Not Weak: Depression, Sports and Me**

Michael Landsberg is the charismatic and outspoken host of TSN’s *Off the Record* — and from watching his show, you’d never guess that he has been battling mental illness and depression for most of his life. Lifting the stigma from this topic, Landsberg delivers a powerful and personal keynote on the dangerously misunderstood issues of depression and mental health. Depression can affect even the most successful of athletes—from Clara Hughes, one of the great amateur athletes in Canada, to retired NHL Goalie, Clint Malarchuk. Landsberg shares the story of his own battle with mental illness, as well as the unexplored stories of some of the world’s most recognizable sports figures, to show us that recovery, strength and hope are possible in some of our darkest times.
9:00–10:00 am
Choose One

Move or Die: How the Sedentary Life is Killing Us
Tim Sitt, Author, Child and Family Therapist

The fitness industry is stagnant. Every year it churns out new workouts, new classes, new DVDs, but what good does this do when the average office worker is sitting 10 hours a day? Research is demonstrating that the negative health consequences of being sedentary are not offset by exercise. It’s no longer enough to segregate movement to the gym or a single workout. The body thirsts for movement throughout the entire day just as much as it does for water, oxygen and food. This session is about learning to become self-aware of stagnation of any kind, including sitting, and how to use movement to create choice and health.

The What and Why of Functional Safety
Michael Wilson, B.E.Sc., P. Eng., CMSE®, CRSP, Technical Consultant Workplace Safety & Prevention Services

The current CSA standards for robot safety (Z434-14) and Safeguarding of Machinery (recently revised to Z432-16) both recognize functional safety as part of the design requirements. But what is functional safety? It is the overall safety of an operating system or piece of equipment that relies on the system to operate correctly. It focuses on the performance of the entire control system including; hydraulic, pneumatic and electronic systems. This awareness session will introduce the basic concepts and considerations around functional safety including identification, required risk-reduction, and confirmation that the Safety Function performs as intended.

High Performing Committees
Dylan Eldred, Health and Safety Manager, McCormick

Most members of high-performing teams report that it's fun and satisfying work, because they are asked to contribute at their highest potential and they learn a lot along the way. Teams with a clear purpose and good chemistry drive results. This session will review the top characteristics of high-performing teams and show how your JHSC – or other organizational team – can achieve success in a fun and dynamic way.

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Where’s the Supervisor? Who’s Running the Show?
John VanLenthe, Consultant, Workplace Safety & Prevention Services

A good Supervisor wears many hats; coach, mentor, employee and employer advocate, production coordinator, Human Resource liaison, and Health and Safety specialist. It’s a big job requiring this “super human” to be in all places at the same time, so who is really running the show? This session will help you to understand the daily challenges of this role and help you become a more effective supervisor.

MOL Trends in Enforcement: Fines, Charges and Convictions
Ministry of Labour

This session will look at the Inspector authority under the Occupational Health & Safety Act (OHSA) and the application of enforcement tools provided under the Provincial Offences Act. An overview of past blitz results, recent court decisions, fines and noticeable trends will also be shared and discussed.

Mental Health is Everyone’s Business
Sarah Hilton, Founder, Stressed Out Solutions

Engage in activities and conversation to dispel the myths of mental health and to understand the various workplace mental health initiatives available to businesses today.

Register EARLY & SAVE!
October 4, 2017
10:45–11:45 am
Choose One

Measuring Stress in the Workplace
John Oudyk, CIH, ROH, Occupational Hygienist
Occupational Health Clinics for Ontario Workers (OHCOW)

Now that the WSIB will be recognizing disablements due to chronic stress, it is important for workplaces know what kinds of stress are present in the workplace. The Mental Injuries Tool group in conjunction with the Occupational Health Clinics for Ontario Workers and with the help of the Canadian Centre for Occupational Health & Safety have developed a tool for measuring workplace stress called StressAssess. We will review the research that went into developing the tool and show you how this tool can be used to improve the psychological health and safety in your workplace. There will also be a chance to try it out the tool yourself.

High Times: OH&S Implications of Legalizing Marijuana
Ryan Conlin, Partner, Stringer LLP
Jeremy Schwartz, Associate, Stringer LLP

In light of the apparently imminent legalization of marijuana across the country, the question remains: what are the OH&S implications? This informative session will discuss case-law on drug/alcohol testing, the current science with respect to testing for marijuana, legal obligations to employees who are addicted to marijuana, development of legally compliant policies to address marijuana use, the American experience with legal marijuana and potential OHSA obligations in relation to marijuana in the workplace. You won’t want to miss this session!

Robot Automation and Robot Safety
Natalie Edery, CRSP, HSE Specialist, ATS Automation

Robot automation technology has single-handedly changed global manufacturing through increased efficiency and lower costs. It’s safe to say that robot automation will continue to evolve and change the way manufacturing equipment is designed and how people interact with it. That makes it all the more important for us to interact with and utilize it safely and responsibly. Hazards associated with robots are well recognized, but the sources of the hazards are frequently unique to a particular robot system. Attend this session to learn more about this evolving technology.
Working at Heights: Rescue Planning and PPE
Scott Connor, Chief Training Officer, Team 1 Academy

This session will give you the basics you need to know to ensure your PPE is regulatory compliant. Having an executable Rescue Plan when using fall arrest as a means of fall protection is a regulatory requirement so we will review the newest in compliant rescue systems.

Coaching in the Moment Through Experiential Learning
Brian Roberts, Health and Safety Coordinator, Arcelor-Mittal Dofasco Inc.

Experiential learning is invaluable, and as health and safety management systems continue to evolve, numerous best practice companies are implementing strong situational awareness employee programs. In this session, learn how Arcelor Mittal Dofasco’s “SMART” program, (Situational Management and Awareness Recognition) is so successful and why your company should be implementing a similar program.

Training Millennials in the Workplace
Brittany Bogaert

Each generation brings strengths and weaknesses to the workplace and everyone would be better off if they could learn from each other. As the gap between what people learn in college and what is required for work in the real world seems to grow, organizations will be required to pick up the slack and create training for millennials on core concepts they need to know in order to adequately perform their role. This session will discuss some of the top tips for training Millennials in the workplace.

Incident Investigation: Using the 5 “Why’s” to Get to The Root Cause
Jeff King, Health & Safety Manager, Linamar

Workplace accidents can injure or kill people, cause damage, impact morale, production, your company’s reputation and financial bottom line. If an incident occurs, a thorough investigation should be conducted to determine and address the root causes to prevent recurrence in the future. Learn the “route to the root” from initial scene management to formulating recommendations for corrective action. Return to the workplace more confident, capable and ready to conduct effective and impactful investigations.
1:30–3:45 pm
Choose One

The Escape Room
Dylan Eldred, Health & Safety Manager, McCormick

Based on the popular activity of the "Escape Room", Join the McCormick team for an fun, interactive and educational method of ensuring that training "sticks". The scenario is coordinated around lockout/tagout requirements, and includes a theory portion, combined with a group activity. Answer questions based on what you learned - get a key - and see if it works! Can you escape???

Contractor Safety
Lou Terpstra, Consultant, Infrastructure Health and Safety Association
Steve Hinds, Health and Safety Manager, Arcelor-Mittal Dofasco
Betty Lofthouse, Consultant, Workplace Safety & Prevention Services
Moderator: Jennifer MacFarlane, Key Account Manager Workplace Safety & Prevention Services

Construction Project? Yes or No? – an interactive session with a lively panel of experts...have you ever wondered if your project is a Construction Project or Maintenance Project? While employers can contract out work, they cannot contract out their legal responsibilities for health and safety. What are some tips on handling third party providers? Get answers to these questions and more. Ask our panel of industry experts from the construction & industrial sectors including IHSA, WSPS, MOL and Arcelor-Mittal Dofasco.
Maybe You CAN Teach an Old Dog New Tricks?
Adult Learning Principles
Kevin Waldbillig, Training & Development Specialist
Change Works Interactive

Have you ever had to prepare a learning experience for a group of adults? How will I keep them engaged? How will they retain what I am teaching? In this session, Kevin will provide you with the tools and strategies to entertain, educate and inform your audience and provide you, the presenter, the confidence to declare “Yes; you can teach an old dog new tricks!”

Managing Addictions, Stress and Mental Wellbeing
Allan Kehler, Author and Mental Health Advocate

Do you have the ability to effectively recognize when someone is experiencing personal hardships? Communication and the ability to be proactive is key. No individual needs to be fixed, but the value of being seen and heard is immeasurable. Having the tools to respond and proactively address these situations when they arise is essential, and the positive ripple effect can be seen in the workplace as a whole. Life will naturally bring us challenges and stress – the key is moving forward so that it doesn’t impact other areas of our lives. Drawing from personal and professional experiences, Allan Kehler provides direction that inspires individuals to persevere through their personal challenges rather than escape or avoid them. Through a fun and interactive quiz, Allan ensures that all participants walk away with an increased understanding of these prevalent issues.
Myths and Misconceptions of Pre-Start Reviews

Michael Wilson, B.E.Sc., P. Eng., CMSE®, CRSP, Technical Consultant
Workplace Safety & Prevention Services

The legal requirement for Pre-Start Health & Safety Review (PSR or PHSR) under the OH&S Act has been around for a while. However, it is still one of the legislated practices that is not well understood. As a result, some companies are choosing not to perform a PHSR with dire negative consequences. This session will shed some light on the PHSR process and outline your responsibilities under the Act. Find out more about the purpose of a PHSR, and when it's required, along with the benefits of using one and consequences if it is not performed.

Active Shooter: Planning and Response Strategies

Jim Rovers, Senior Vice President – AFIMAC Global

Total chaos typically ensues in an active shooter situation. This session will give your organization the program planning and training suggestions which will help you minimize that. We begin with what is the most critical element of the plan - effective and timely communication to local public emergency services and all facility/property occupants. We will then outline the general deployment guidelines for on-site security forces and their cooperation with arriving public emergency service personnel. Establishment of a command post to coordinate the lockdown of the facility and the apprehension of the shooter will be covered. General emergency response priorities will be discussed. Finally, incident documentation and post incident reaction evaluation will be addressed.

Nanotechnology: The Next Big Thing is Really Small!

Wagish Yajaman, Technical Services Supervisor
Workplace Safety & Prevention Services

Nano scale engineered materials are found in food, clothing, paints and other novel innovations being developed in the lab. But what are the known effects and more importantly the unknown effects on employees, the public and the environment? This session provides insight into these areas and increases your awareness of the Nano world of the future.
2:45–3:45 pm
Choose One

**Essentials for a Successful Hearing Conservation Program**
Karen Vye, Audiologist & Hearing Conservation Program Specialist
Workplace Medical Corporation

According to the World Health Organization, Noise Induced Hearing Loss (NIHL) is the most common permanent and preventable occupational injury in the world but it doesn’t have to be. An effective Hearing Conservation Program (HCP) can virtually eliminate this condition. This session will provide an overview of the six key elements and best practices of a successful program.

**What’s That? I Didn’t Hear You: Digital Distraction in the Workplace**
Patsy Marshall, President, Train on Track

It’s Monday morning, and you are typing an email, participating on a conference call, replying to an instant message and reaching across your morning cup of java to answer your cellphone—all at the same time. Sound familiar? This predicament sabotages your productivity and working day as you struggle to find the time and energy to focus on critical business goals and priorities. You can be more efficient and effective once you stop being controlled and side-tracked by unnecessary interruptions - which ultimately may lead to greater career success. In this session, you will learn a variety of proven strategies and techniques that you can apply to gain greater control over constant interruptions in this digital age.

**GHS: Top 10 Challenges on the Road to Implementation**
Karen Gillett, Consultant, Workplace Safety & Prevention Services

This session will highlight some of the challenges workplaces face when implementing WHMIS 2015. With each challenge, we will offer solutions you can take back to work as you work through these legislative changes; from training to communication to discussions with your suppliers.
Visit The Trade Show

7:00 am – 2:45 pm

See a wide range of health and safety-related products, programs and services.

For exhibit or sponsorship information contact:

**Kristina Toomey,** Trade Show & Sponsorship Specialist

T: 1 877 494 WSPS (9777) or 905 614 1400 x2244

E: kristina.toomey@wspca.

**Highlights!**

Visit the trade show to meet a range of vendors, network with your peers and gain valuable knowledge on new products and best practices to assist you at your workplace. You might even win a prize or two!

Visit the WSPS booth!

PartnersInPreventionConference.com/Southwestern
Pre-Conference Workshop

Professional Development Opportunity
Upgrade your conference registration fee for an additional $99 per person!

You must be registered for the conference in order to be eligible for this special offer.

Emergency Spill Response

It is a fact that without proper training the danger level for all responders increases. The cost to clean-up environmental spills and the fines and personal liability that may go along with them are ever increasing. This Spill Response course is prepared to include chemicals in use at most facilities. Upon completion of this course you are expected to access and utilize your companies spill clean-ups supplies safely & effectively. Training by TEAM-1 Academy is performed by members who deal with emergency response on an ongoing basis.

TRAINING COMPONENTS INCLUDE:

- Reporting Requirements
- Approaching the Incident
- Leak Control Scenarios
- M of E Clean-up Standards
- Chemical Protective Clothing
- Incident Command System
- Chemical Information
- Sorbent Deployment Techniques
- Decontamination Techniques
- Storm Sewer protection
- and..... a mock drill

Hotel Information

Radisson Hotel, Kitchener Waterloo
2960 King Street East | Kitchener ON

Book by: September 24, 2017

Rate: $106.00 per person. Call 519 894 9500 to book direct. Remember to mention the room block ID “WSPS”
**Register Now!**

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<tr>
<td><strong>SUPER EARLY BIRD RATE</strong></td>
<td><strong>$269 + HST</strong></td>
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<td>Register on or before October 4, 2017</td>
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<tr>
<td><strong>EARLY BIRD RATE</strong></td>
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<td><strong>REGULAR RATE</strong></td>
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**PAYMENT METHODS** Cheque (made payable to WSPS), Visa, Mastercard, AMEX or Invoice (approved credit only).

**REGISTRATION RATES** include continental breakfast, keynote speakers, lunch, conference sessions and admission to the trade show.

Early bird rate cannot be combined with any other discount or special offer. Volunteer, safety group, volume discounts and any other discounts or special offers cannot be combined.

**Space is limited** We reserve the right to make venue and date changes with notice, speaker changes without notice and to cancel an event due to low registration.

**Refund Policy** No refunds or cancellations accepted after October 18, 2017. Substitutions welcome.

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**To register or for more information:**

PartnersinPreventionConference.com/Southwestern

1 877 494 9777
Super Early Bird Rate: $269 + HST
Register on or before October 4, 2017
SAVE $60

Workplace Safety & Prevention Services™ is the largest health and safety association in Ontario, responsible for more than 165,000 member firms across the agricultural, industrial/manufacturing and service sectors.

5110 Creekbank Road
Mississauga, ON L4W 0A1
1 877 494 WSPS (9777)
☎ 905 614 1400 | ✉ 905 614 1414
✉ customercare@wsp.ca
WSPS.CA

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