



JOB AID HAZARD AWARENESS INFO

WORKING AT HEIGHTS

Working at heights includes any work where a worker is exposed to a potential fall of three meters or more.

Hazards Involved/Arise

- injury or death from impact of fall

People Affected

- Workers
- Contractor
- Public

Existing Controls

- Move work to another location to eliminate the fall hazard
- Use properly installed guardrails to prevent falls or restrict access
- Use work restricting devices to prevent access to fall hazards
- Use a personal fall arrest system that includes a secure anchor, full-body harness, approved connecting devices and a rescue plan
- Ensure all fall protection devices are constructed and installed according to provincial regulations, CSA standards and/or the directions of a professional engineer
- Training for employees on requirements and equipment uses



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