



DISH WASHING SAFETY TIPS



Be Prepared

- ✓ Ensure you have been trained in the safe use of the equipment and the hazards of cleaners/sanitizers
- ✓ Review the information on the chemicals used
- ✓ Do not mix different types of cleaners without checking the Safety Data Sheet
- ✓ Ensure high traction safety mats are correctly in place
- ✓ Use appropriate personal protective equipment (PPE):
 - Gloves resistant to the chemicals present (try nitrile over cotton)
 - Non-slip shoes/boots
 - Water-resistant apron
 - Safety goggles/glasses when appropriate

Work Safe

- ✓ Work close to your body; avoid extending or your arms out away from your body
- ✓ Clean spills immediately
- ✓ Vary tasks to change your posture and limit repetition
- ✓ Use cut-resistant gloves to remove broken glass/ceramic
- ✓ Do not leave knives hidden in soapy water
- ✓ Use safety goggles and gloves when refilling/exchanging dishwasher chemical solutions
- ✓ Allow dishes to cool before stacking them
- ✓ Warn others who may be handling the hot dishes
- ✓ Place/store heavy dishes at mid-body height

Finish Right

- ✓ Store the dishwashing chemicals in the designated location
- ✓ After removing gloves wash your hands and dry
- ✓ Clean and put away PPE
- ✓ Report any problems with the equipment to your supervisor
- ✓ Report any skin problems or work related aches and pains to your supervisor



Speak up!

If you see a hazard, let a supervisor know.
Everyone plays a role in your safety and health.

HOW TO USE SAFETY CHECKS FOR WORKERS

Safety checks provide information for workers on how to work safely with specific hazards. Safety Check information can be used in orientation training, tailgate talks or even in one-one coaching. Use the following tips to help you communicate this information in your workplace:

- Use language that is consistent with the workplace
- Consider the work you do and specific examples of how these hazards can result in injury or illness
- Explain how the safe work practices will help prevent injury and illness
- Wherever possible, use the actual tools, equipment, materials and PPE to demonstrate proper use
- Ask specific questions during your talk to check understanding
- Keep a record of each talk that you deliver (see the form below)
- Post a copy of the Safety Check for workers to reference



OWNERS AND SUPERVISORS

Have you taken reasonable measures to control this hazard using the hierarchy of controls?

- **Eliminate** or **substitute** hazardous cleaners and sanitizers
- Provide well-engineered **ergonomic** wash stations
- **Policies** and **procedures**
- **Inspecting** and **repairing** equipment regularly
- **Training** staff on how to recognize, assess and control dermatitis hazards
- **Implementing** and **enforcing** PPE program

Date: _____ Topic: _____

Safety Check Session Leader: _____

Learner Name (Please print)	Signature

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