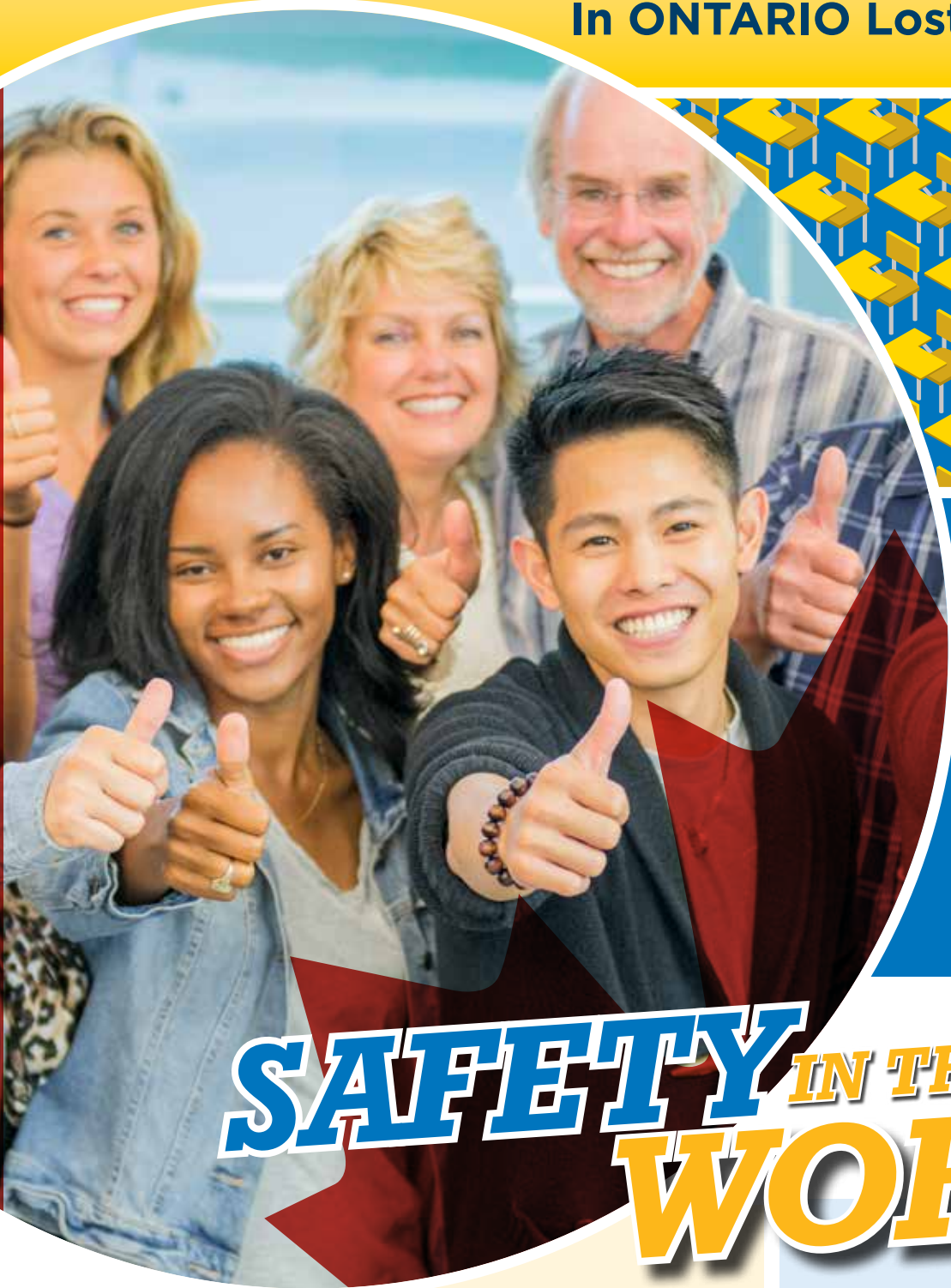


# During their first 30 Days 2,431 NEW & YOUNG WORKERS

In ONTARIO Lost Time Due to Injury<sup>1</sup>



THAT'S ENOUGH TO FILL  
**110** ONTARIO HIGH SCHOOL CLASSROOMS<sup>2</sup>

## WORKERS MOST AFFECTED IN SMALL BUSINESS

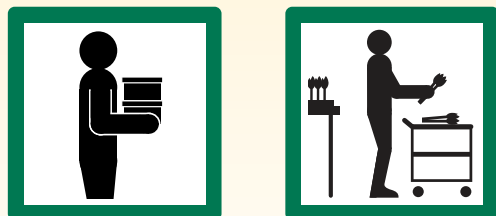
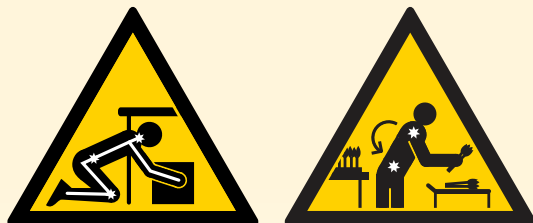
- Auto Mechanics
- Cooks & Servers
- Labourers in Processing, Manufacturing and Utilities
- Material Handlers

# SAFETY IN THE WORKPLACE

### HAZARD

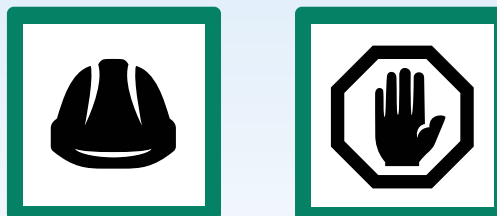
### FIX

#### Overexertion (Repetitive Motion)



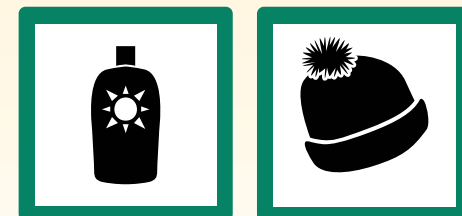
- Do not store items on the floor or in aisle ways
- Make loads smaller
- Use a cart or dolly
- Push the load instead of pulling
- Maintain safe body positioning and avoid twisting movements

#### Struck by Something or Struck Against Something



- Clear appropriate space for machinery, work and movement
- Design safe material storage and handling practices
- Provide ongoing training and supervision for workers
- Reinforce safe work practices for all equipment and job tasks

#### Temperature Extremes



- Ensure proper ventilation
- Provide shaded rest areas or cooling stations
- Take rest breaks and monitor for heat stress symptoms
- Stay hydrated
- Dress for the climate

#simplesafetysolutions

For more information contact Workplace Safety & Prevention Services

**wps.ca** 1 877 494 WSPS (9777) CONNECT WITH US



Sources: <sup>1</sup> WSIB Detailed HSA Entity Report – WSPS, WSN, IHSA and PSHSA, Schedule 1 as of August 2017 (not publicly available)

<sup>2</sup> www.ontario.ca/laws/regulation/120132