Nearly 7-million people will experience a mental health problem in any given year.1

The Benefits

The Benefits of a Mentally Healthy Workplace

- Reduced Stigma
- Healthier Organization
- Sustained Commitment
- Accountability
- Communication
- Positive Business Metrics

The Cost

The Total Economic Costs of Mental Illness in Canada

- 30.4% Mental Disorders
- 6.4% Injury and Poisoning
- 12% Infectious & Parasitic Diseases
- 2.3% Diseases of the Digestive System
- 1.62% Various Other Diseases & Conditions
- 23.2% Diseases of the Respiratory System
- 3% Symptoms, Signs & Ill-Defined Conditions
- 1.3% Infectious & Parasitic Diseases
- 2.7% Endocrine, Nutritional & Metabolic Diseases, & Immunity Disorders
- 1.7% Diseases of the Nervous System & Sense Organs
- 6.4% Neoplasms
- 1.4% Diseases of the Genitourinary System

The Benefits

WHAT CAN Your Workplace DO?

- Policy
- Planning
- Prevention
- Persistance
- Process

Get CLEAR on what’s required for building a psychologically healthy workplace:

- Culture
- Leadership
- Education
- Accessibility
- Relationships

For more information contact Workplace Safety & Prevention Services

WSPS.CA 1 877 494 WSPS (9777)