Sessions & Workshops

TUESDAY, April 29 – 10:00 am – 12:00 pm

Hall 1

**Wendy Mesley**
Panel Moderator
Gemini Award-Winning Broadcast Journalist

**Panelists**

**HARRY OSHANSKI**
President & CEO
Casino Rama

**PETER VAN STRALEN**
President & CEO
Sunshine Brands

**MIKE REINDERS**
President
Maple Reinders Constructors

Join us for a lively and provocative discussion featuring a panel of noted CEO’s recognized for their organization’s commitment to health and safety. What is the difference between a CEO who “gets it” and one who doesn’t? Just how much does the CEO influence the culture of an organization? How should the CEO be engaged in health and safety and the organization’s culture? What are the challenges and consequences of complacency? How does the CEO motivate staff to be engaged? What scares CEO’s about Bill C-45? Is there a health and safety “prize” at the end of the rainbow? You’ll have to attend this session to hear the discussion and the answers to these questions.

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**Tom Wujec**
World Renowned Expert on Innovation

**Return on Imagination Innovation Through Visual Thinking**

Tom Wujec speaks about innovation - why it matters, why it is a vital engine of economic growth (especially today), and how to foster it. Wujec works with Fortune 100 companies to create innovation practices at all stages, from strategic planning to design and implementation. He is the leading advocate of making work visible within a company, of transforming ideas into images that enhance clarity and engagement and which lead to intelligent and successful new products, services and processes. A Fellow at Autodesk - the Oscar-winning industry leader in 3D computer animation technology and one of the world’s largest software companies, Wujec illustrates simple ways to measure the return of innovation success.
**TUESDAY 10:00 am – 11:00 am**

**Lessons Learned:**  
**Versa Cold Fatality, 10 Years Later**  
David Peart  
*Occupational Health and Safety Manager, Versa Cold Storage and Logistic Services*

Chuck Leon  
*CRSP, P.M.M., Technical Consultant, Workplace Safety and Prevention Services (WSPS)*

**ORION C**  
Proper inspection and maintenance of steel storage racks can save lives. At this session, you will listen to the story of Versa Cold Storage, and the journey they took towards the implementation of a positive safety culture. Their journey did not begin with the aftermath of a fatality, but became the cornerstone for their transition. Hear about lessons learned from someone who was on the scene, and was instrumental in the positive culture shift, for Versa Cold’s “Road to Zero”.

**VELA A**  
WHMIS will be changing in the next year or so, as requirements of the Globally Harmonized System of Classification and Labeling of Chemicals (GHS) are implemented. As Canadian Federal and Provinicial regulators work to update their regulations, workplaces must prepare to comply with the revised WHMIS rules. Learn how WHMIS may change, including impacts to hazard classes, Safety Data Sheets (SDS) and labels.

**Confined Space Rescue:**  
**Are You REALLY Prepared?**

Mark Vander Feyst  
*Firefighter, Woodstock Fire Department*

**VELA C**  
The most common problems that we face when dealing with a confined space rescue include inadequate preplanning, inadequate hazard identification and control, inadequate training and equipment and often, no rescue plan at all. This session will look at some cases of confined space fatalities and statistics, the need for proper training to initiate a rescue from a confined space, the equipment needed; the legislative requirements, if applicable, and some rescue considerations. You will examine Case Studies of past incidents of confined space rescue attempts and the outcomes including, the difference between reason versus emotion and how it contributes to confined space fatalities.

**Prevention of Occupational Cancers:**  
**Radiation Safety Perspective**

Hon. Steve Mahoney  
*President and CEO*

Tara Hargreaves  
*Training and Education Coordinator, Radiation Safety Institute of Canada*

**PEGASUS B**  
Attend this session to learn about who the Radiation Safety Institute is and what they do. You will hear about the mystery of radiation; health effects; what can go wrong (Elliott Lake); what can go right (Bruce Power), and sources of radiation in the workplace (including radon). This session will also cover methods of prevention – including regulations, dosimetry and education – and what still needs to be done!
**Using Leading Indicator Information to Risk Manage OHS Performance**
Dr. Benjamin Amick  PhD, Social Epidemiology, Senior Scientist, Institute for Work and Health
Kiran Kapoor  Director, Business and Market Strategy, Workplace Safety and Prevention Services (WSPS)

**ROOM 104 (HALL 1)**
This session will have three components presented 1) An overview of the results from Ontario Leading Indicators project specifically focussing on how leading and lagging indicators differ, why indicators were chosen, what we expected to learn and some lessons learned 2) An overview of how the evidence is being applied by an Ontario Health and Safety Association to support workplaces, and further the conversation on how leading indicators can provide a competitive advantage; 3) An overview of the value received from the leading indicators benchmarking report by a firm that was involved in the project. The organization will also discuss plans for using the information to inform their occupational health and safety strategy and decision making.

**TUESDAY 11:30 am – 12:30 pm**

**Is Work Killing You? A Doctor’s Prescription for Treating Workplace Stress**
Dr. David Posen  M.D  Speaker, Author and Trainer

ORION C
A popular speaker and a leading expert on stress mastery; Dr. Posen identifies the three biggest problems that contribute to burnout and low productivity: volume, velocity, and abuse. He shares revealing anecdotes and offers clear descriptions of the biology of stress to illustrate how downsizing, economic uncertainty, and technology have made the workplace more toxic than ever. Most importantly, he offers practical advice and easy techniques for managing the harmful symptoms and side effects of stress. Witty, engaging, and accessible, “Is Work Killing You?” touches on everything from meetings to tweeting, from fake work to face time, from deadlines to dead tired, and more. With this session, Dr. Posen gives us the tools to stop harming our most valuable resource — ourselves.

Dr. Posen will be signing his book following this session In the Trade Show, at the Bookstore.

**Critical Success Factors for Managing Risk in Guarding, Chemical Exposure, and Ergonomics**
Sandra Patterson  B.Sc, CCPE, CRSP, Ergonomist
Susan Ing  P. Eng, CIH, Occupational Hygienist,
Michael Wilson  P. Eng., CRSP, Machine Safety Specialist
Workplace Safety and Prevention Services (WSPS)

VELA B
Company Leaders manage risk by identifying those things that negatively or positively affect events in an organization not by considering the possibility that it will happen, but by managing the probability that it will happen. Formal risk studies are required by many of the Quality Standards (ISO9001), and Safety Standards (ISO18001), and the Workwell Audit conducted by the WSIB in Ontario. This session will address how to assess the level of risks associated with machinery, chemicals, and ergonomics related hazards. An open Q&A for the panel will follow.

**Contractors Large or Small: How to Cover Your Assets**
Kate Gervais  Regional Health & Safety Specialist, Metroland North Media
Drew Douglas  Health & Safety Specialist, Chippewas of Rama First Nation

LYRA
Gain insight from two very different employers as to how they handle contractors anywhere from large scale construction projects to individual service providers. Understand your responsibilities, definitions and what to do with contractors who do not require WSIB coverage. Our speakers will address necessities for any contractor program in addition to rules, agreements, evaluation, indoctrination and risk assessment.

**Manual Material Handling: Think Before You Move It**
Cindy De Piero  Ergonomic and Wellness Consultant, Sault Area Hospital
Chuck Leon  CRSP, P.MM, Technical Consultant, Workplace Safety and Prevention Services (WSPS)

VELA C
Manual material handling (MMH) is a major job function present in all workplaces. The costs associated with MMH related injuries are substantial and include: overtime, WSIB costs, training needed for temporary or new hires, damage to staff morale, quality of life, legal costs, time and resources –the list is endless and so is the national cost. Acquire practical strategies/tips through the experiences of Sault Area Hospital’s MMH program implementation. We will provide you with step-by-step processes, specific program components and tangible materials to bring back to your organization to assist with getting your MMH program started.

**Multigenerational Workforces**
Jim Lees  Coordinator, Student Success Centre, Confederation College

VELA A
Multigenerational workforces are a fact of life. A much quoted 2010 survey, by the jobs website Career Builder, found that 43% of workers aged 35 and older said they currently work for someone younger than they are. The corresponding figures are 53% when looking at workers 45 and older and 69% for workers 55 and up! A substantial percentage of workers report they have difficulty taking direction from a younger boss. Learn key differences in work styles between the generations and ways to negotiate the work relationship with more empathy and understanding.
Breakfast Boost  9:30 am – 9:50 am
Dr. Bronwyn Hill, ND, Highpoint Wellness
Breakfast of coffee and a muffin, starving by 11 am, overeating later in the day. Does this sound like a familiar pattern? Breakfast really is the most important meal of the day because it kick-starts your metabolism after a night of rest and provides fuel to your brain and your body. And, it is not just for kids. Whether you are in the boardroom, classroom or on the playing field, you need fuel (blood sugar) to perform your best. Join High Point Wellness Centre and learn how to make smart choices every morning. You’ll also get recipes and enjoy a free smoothie sample.

Sneak Exercise Into Your Workday  12:15 pm – 12:35 pm
Katarina Simons, Personal Trainer, High Point Wellness Centre
Stuck in a rut? Can’t find the time to exercise? Even with the best intention to schedule exercise into your day, let’s face it- it’s not always going to happen. If you need some inspiration and help carving out time to get active then this seminar is for you! Join High Point Wellness Centre as we let you in on ways to sneak activity and exercise into your busy life – at work! Learn some easy tips and tricks to getting exercise without much added effort. You’ll be happy, healthier and have more energy!

Sweet Dreams  1:25 pm – 1:45 pm
Dr. Bronwyn Hill, ND, Highpoint Wellness
When was the last time you actually had 8 hours of sleep at night? Are you tossing and turning when you do hit the sack? When you’re scrambling to meet the countless demands of your day, cutting back on sleep might seem like the only answer. Who can afford to spend so much time sleeping, anyway? The truth is you can’t afford not to. Even minimal sleep loss takes a toll on your mood, energy, and ability to handle stress. Even though sleep is essential for your health and wellbeing, 60% of adults report having sleep problems and 40% experience daytime sleepiness severe enough to interfere with daily tasks. The experts at High Point Wellness Centre will provide you with some easy tips to help you get a good night’s sleep so you can function at your best.

Healthy Cooking Stage

Spring Tune Up!
Fuel Your Brain to Boost Your Mood, Memory & Concentration  11:00 am – 11:30 am
Patricia Muzzi, Personal Chef and Founder of Mood Food Culinary
One of the leading causes of fatigue and lack of concentration in the workplace is the food we eat, or lack of. Science tells us there is a vital connection between nutrition and brain function. Join Patricia for this fun and informative mini-session that will empower you to make healthy snacking choices that will have a positive impact on your wellness and workday. BONUS - Participants will receive a sampling of healthy snack alternatives provided by Mindful Snacks. www.mindfulsnacks.com

Cooking with Pork!  Won-ton pork dumplings  12:45 pm – 1:15 pm
Andrea Villneff, Nutritionist, BASc, PHEc, Ontario Pork
As the Nutritionist for Ontario Pork, Andrea develops healthy recipe resources, reviews the most recent research on protein and can often be found performing food demonstrations. With a strong background in nutrition and the culinary arts, Andrea emphasizes that you don’t have to sacrifice taste for health! Come to the Healthy Cooking Stage, for an interactive cooking demo and taste test – recipes also available.
Supervisor Competency, Roles and Responsibilities
Greg Swan  Consultant, Public Services Health & Safety Association (PSHSA)

PHOENIX C
To grow from being just a good supervisor to being a great safety leader is not a big leap – in theory. In practice, it can be much more complex particularly when you have to figure out how to do it all by yourself. This session will look at ways to engage your workers to foster a safety culture while you also manage regulatory functions to meet due diligence standards and, more importantly, keep you and your workers safe.

Integrating Your Health and Safety Program Into a Management System
Mike Hrycusko  Supervisor – Safety and Hygiene, General Motors, St. Catharines

PEGASUS B
Health and safety programs are often made up of policies and programs that have been left to safety departments and safety managers to administer, often competing with other priorities such as production and quality. In order for health and safety to truly take root, policies and programs need to evolve to health and safety management systems which are driven from the top down. This session will outline the strategy of assigning leadership responsibility to “elements” of the health and safety management system, in the form of element champions and how you can apply this strategy at your own workplace.

Due Diligence in Addressing Water Damage and the Risk of Mould in Workplaces
Bruce Stewart  B.Sc., DOHS, CIH, ROH, Senior Vice President, Indoor Air Quality & Microbial Contamination, Pinchin Environmental Ltd.

ROOM 104 (HALL 1)
The growth of mould can occur whenever susceptible building materials are wet for long enough to allow the spores to germinate and multiply. Mould growth in buildings and the possible adverse health impact on occupants has emerged as one of most pressing and common health and safety issues of the day. Often, occupational health and safety professionals are often asked to assist in the aftermath of major water damage. Attend this seminar to learn best practices for the assessment and remediation of water damage.

Supervisors Forum
Tuesday features the Supervisors Forum. Attend any of these four sessions to learn more about your roles and responsibilities as a Supervisor.

10:00 am  Managing Mental Health in the Workplace
11:30 am  Supervisor Competency
2:00 pm  Waking Up to Fatigue Factors
3:45 pm  Machinery Safety

HALL 1
Health & Safety E-Course
Available All Day
Find out just how easy e-learning can be! Visit us in Hall 1 and take a 1 hour Health & Safety e-course at no charge. When you complete the course, you will receive a certificate a completion. The e-lab is limited to 1 course per person, and is available on a first come – first served basis.

NEW! Mandatory Occupational Health and Safety Awareness and Training
Under the new Occupational Health and Safety Awareness and Training regulation of the Occupational Health and Safety Act, which comes into force on July 1, 2014, all employers in Ontario must ensure that their workers complete a basic health and safety awareness training program. CCOHS’ newest e-course, Health and Safety Awareness for Ontario Workers, helps employers meet this requirement. This one hour course will provide participants with an understanding of their health and safety rights and responsibilities in Ontario as well as the internal responsibility system (IRS), and the duties of the employer, supervisor and worker. Upon completing this e-course, participants will be able to print a Certificate of Completion.

Working at Heights Pavilion
Sponsored by Honeywell
The ABC’s of Fall Protection
Kerry Spellman  Construction Safety Sales Manager, Honeywell Safety Products

TRADESHOW – HALL 2
This session will cover basic knowledge of a fall protection system including: Anchors, Body Wear, and Connecting devices, including proper use and inspection of fall protection equipment. Practical demo included!

INTERACTIVE SESSION AND DEMOS:
Tues., April 29 11:30 am – 12:30 pm, & 2:00 pm – 3:00 pm
Wed., April 30 9:30 am – 10:30 am, & 11:00 am – 12:00 pm

TUESDAY 2:00 pm – 3:00 pm

Ontario’s Integrated Health and Safety Strategy
Brian Lewis  Director, Prevention Office, Ministry of Labour

ORION B
In December the Ministry of Labour released the province’s first integrated strategy to prevent injuries and improve the delivery of workplace health and safety. Developed in consultation with business, labour, health and safety service providers and Ontario workers, the strategy will guide priority setting for the system and for workplace parties. Join Brian Lewis as he provides an overview of the strategy, discusses its potential applicability to the workplace and describes the Ministry approach towards implementing the strategy. Attend this session to learn more about how the strategy will guide occupational health and safety over the next several years.
Start with Safety: Improve Your Productivity by Building a Safety Culture
Steve Borengasser  Efficient Workplace Leader, Kimberly-Clark Professional

**Vela B**
Media headlines continue to remind us that productivity gaps within small, medium and large business is one of the primary reasons for job losses in Canada's manufacturing sector- losses that have amounted to over 300,000 jobs in Ontario alone since 2002. Unfortunately, most have considered cutting corners with safety as an option to address the productivity issue. But safety and productivity don't have to be at odds. The world’s best manufacturers have learned that improving safety culture is a great place to start when boosting overall performance. In this session you’ll see examples of how safety and productivity initiatives reinforce one another to build a high performance organization. You’ll also get some practical advice and suggested action items on how to start linking the two in your workplace.

**Criminal Negligence at Work:**
Chilling Liabilities and Practical Strategies
Cheryl Edwards  Partner, Mathews Dinsdale
Jeremy Warning  Partner, Mathews Dinsdale

**Orion C**
The Criminal Code and the OHS enforcement environment has changed profoundly. New health and safety requirements have been enacted, sentences imposed in relation to workplace accidents have reached new heights, and in a series of high profile cases, individuals and corporations have been charged and convicted of criminal negligence following workplace incidents. This increasingly complex and changing enforcement environment makes it crucial for organizations, managers, directors, and officers to understand the risk of criminal negligence at work, and to implement proactive strategies to mitigate the risk of criminal prosecution and conviction into their programs for managing workplace safety risk.

**Emerging Functional Fitness Evaluations in Heavy Industry**
Dan Demers  BSc, Operations Manager, Occupational Health, CannAmm

**Room 104 (Hall 1)**
There is an emerging trend in heavy industry to ensure workers are physically/functionally capable to meet the demands of strenuous jobs. This trend comes in response to the safety concerns of a long-standing history of musculoskeletal injuries (MSIs) in the workplace. In fact MSIs account for more claims than any other injury over the last decade. With increased awareness of available tools to better manage staffing placement according to physical/functional ability; the industry is turning to functional fitness evaluations as a means to enhance safety performance’s most fundamental key performance indicators. This session is aimed at helping employers understand the “do’s and don’ts” of introducing functional fitness evaluations with a clear and simple guideline to best practices.

**Supervisors Forum**
Waking Up to Fatigue Factors in the Workplace
Susan Sawatzky  B. Ed., Owner, In-Scope Solutions

**Phoenix C**
A strong case can be built to demonstrate that fatigued workers are a significant occupational safety hazard. Industry is beginning to recognize this, and in the past 10 years many organizations have begun addressing fatigue factors. This session empowers both organizations and individuals to understand the science behind fatigue and the current best practices used to effectively manage it. You will Wake Up to Fatigue Factors in the Workplace, by learning how fatigue affects safety, the science of sleep, the causes and consequences of fatigue, emerging industry awareness of fatigue related health and safety issues, organizational best practices, and individual strategies.

**Robot Standard CSA 434-03: An Overview**
Thomas Eastwood  Machine Guarding Specialist, Workplace Safety and Prevention Services (WSPS)
Jim Van Kessel  Vice Chairperson CSA 434-03 Robot Standard
Jeff Fryman  ISO 10218 Robot Standard Chairperson

**Pegasus B**
The session will cover the significant changes to the RIA 15.06 Robot Standard the Canadian Deviations proposed within the CSA 434-03 Robot Standard as well as a general review of the ISO Technical Specification for Collaborative Robots. Discussion will include safety-rated soft axis and space limiting as well as Clause 5.10.5.3 Part 2 Sensitive protective equipment used for presence sensing to prevent a start. The panelists are active and expert members of the Robot Standard Technical Committee. They look forward to your questions about the updates to these various standards as well as your enquiries on the ISO Technical Specification 15066 (Collaborative Robots').

**Deep Safe... the Future of Safety Engineering**
Corrie Pitzer  President and CEO, SafeMap

**Vela C**
Seconds to disaster...is the name of a popular series on TV, but disasters and accidents are years, even decades in the making... and it happens to the best of companies. “Deep safe” is a new concept that stems from resilience engineering. It describes a level of safety competence that goes beyond systems, rules and regulations and beyond metrics. It is safety inside the operational systems, not bolted on. It is safety that is completely integrated and invisible, but all-powerful. It’s the new way of safety. Deep safe is defined as the ability of an organization to deal with risks inside operational systems, not with additional safety systems, but inside the minds of the operator.
Sitting Disease - Is Sitting the New Smoking?
Dr. Stacy Irvine  BSc. Kin; M.Sc.; D.C.; CSCS, Founder and Co-Owner - Totum Life Science
LYRA
You will learn about the statistics on how many hours we sit during the day, compared to 10 years ago; what happens to our physiology when we are sitting; why this is bad for our health, and how this negatively affects our work performance. See demonstrations of simple ideas you can implement when you return to work to prevent sitting disease; and how to enhance your brain power while we are at work. Dr. Irvine has made several appearances as a fitness expert on Cityline, Canada AM, Global Television Network, Citytv, WTN and Balance Television for Living Well, and is frequently quoted as fitness expert in Flare Magazine, Chatelaine, Glow Magazine, The Globe and Mail and The Toronto Star.

Building a New Momentum
Rob Ellis  President, My Safe Work
Jessica Di Sabatino  Vice-President, My Safe Work
VELA A
Many North American organizations are confronted with the same problem of how to get off a plateau of producing just average safety results. Embracing change in a traditional workplace environment is difficult. How do we get every level of the organization onboard with the new expectations of producing better safety results? We will examine how the best companies are able to create a strategy that will help build a new momentum for their safety outcomes both at work and in their communities.

MOL Priorities for 2014
Carol Sackville-Duyvelshoff  Director, Occupational Health & Safety Branch, Ministry of Labour
ORION B
This session will familiarize you with the Ministry of Labour’s role in workplace safety and the Safe at Work Ontario compliance strategy. Attend this session to hear more about the Ministry’s priorities for 2014, the dates for upcoming enforcement blitzes and highlights from Ministry sector plans. New online compliance tools will also be showcased.

Christmas Eve Swing Stage Collapse: Case Overview and Lessons Learned
Ryan Conlin  Partner, Stringer LLP
ORION C
The Ontario Court of Appeal has sent a clear message that employers convicted of criminal negligence can expect to receive a very substantial penalty. This tragic case involved a group of six workers who were repairing the balcony at a Toronto apartment using a suspended scaffold on Christmas Eve in 2009. The accident was widely covered in the mainstream media and directly resulted in the appointment of the Tony Dean panel to review the Occupational Health and Safety Act ("OHSA"). It is important to remember that any defence to a criminal negligence charge will often be based on the actions taken by senior management to prevent safety violations. Attend this session to learn more about this case, and lessons learned from it.

Identifying and Managing Substance Use in the Workplace
Pamela Hofman  Associate,
Norton Rose Fulbright Canada LLP /S.E.N.C.R.L., s.r.l
VELA A
The fact that some people use substances such as alcohol or illicit drugs, or that some people misuse prescription drugs is not new. The awareness that the abuse of substances may affect the workplace just as the workplace may affect substance abuse is, however, increasing in acceptance. Many aspects of the workplace today require alertness, and accurate and quick reflexes. Any impairment to these qualities can cause serious accidents, and interfere with the accuracy and efficiency of work. The session will include some of the tell-tale signs of substance use or abuse in the workplace and the steps that an employer can or must take concerning substance use issues in the workplace.

On the Road to Occupational Cancer Prevention
France Labrèche  Ph.D. (epidemiology), Researcher – Chemical and Biological Hazards Prevention, Institut de recherche Robert-Sauvé en santé et en sécurité du travail (IRSST)
VELA B
Occupational cancer is now the leading cause of compensated work-related deaths in Canada according to a recent paper by the Occupational Research Cancer Center. These deaths result from exposure to carcinogens in the workplace that occurred several decades ago. But what can be done now to prevent work-related cancer cases in the future? After a brief description of the importance of occupational cancers, a few general principles that can help reduce exposure to carcinogens in the workplace will be presented and discussed.
Work-Related Asthma: 
If You Can’t Breathe, Nothing Else Matters
Dr. Mike Pysklywec Chair, Work-Related Asthma Committee, Ontario Lung Association, Faculty for McMaster University Clinical Epidemiology and Biostatistics  
Sonia Lal Occupational Hygienist, Occupational Health Clinics for Ontario Workers (OHCOW)  
ROOM 104 (HALL 1)  
Statistics show that this compensable occupational disease is on the increase in Ontario. 10-20% of adults with asthma, actually have work-related asthma. High risk industries include bakeries, auto and metal working plants using metal working fluids, expanded foam product manufacturing and use, construction, health care, cleaning, carpentry and forestry, to name a few. Despite significant morbidity from this occupational disease, work-related asthma is often unrecognized until the condition is too far advanced. Identification of potential lung allergens and early effective preventive strategies are vital in effectively managing this condition. This session will provide a multidisciplinary, case based perspective on the identification, management and prevention of work-related asthma.

SUPERVISORS FORUM
Machinery Safety: 
What EHS Managers Should Know About Standards, Technology and Best Practices
Pat Barry Regional Marketing Lead, Safety, Rockwell Automation  
VELA C  
Too often, a tragic safety incident triggers a pressing need to overhaul your machinery safety program, impacting your company’s reputation and potential sales. In addition to hearing about some lessons learned, this session will explore current machinery safety standards, technology, and best practices – and how using the safety lifecycle as the foundation of your machinery safety program can improve operational excellence while helping to reduce incidents and ensure global compliance. You will learn about infrequent, catastrophic incidents and why machine safety is important; keeping workers safe around machinery – basic concepts; safety and productivity are NOT mutually exclusive; and how a real machine safety program can work in your plant.

Do No Harm: 
Preventing Psychological Injury at Work
Andrew Harkness Key Account Manager, OHSW Management Systems, Member of the CSA Z1003 Technical Committee, Workplace Safety and Prevention Services (WSPS)  
PHOENIX C  
The workplace can be a strong contributor to mental wellbeing. Yet it can also be a stressful environment. Approximately 30 per cent of disability claims in Canada are attributed to mental health problems and illnesses. The law is trending towards holding employers increasingly responsible for providing a psychologically safe workplace. Understand the hazards and learn to identify the risks which could cause mental injury or harm in the workplace. Benefit from a step by step plan, resources (including a sample audit tool) and guidance to begin the implementation of a Psychological Health and Safety Program using the CSA Z1003 Standard.

Using Hands-on Exercises in Your Training Programs to Increase Skin Hazard Awareness
Dr. D. Linn Holness Director - Centre for Research Expertise in Occupational Disease (CREOD) and Chief - Department of Occupational and Environmental Health, St. Michael’s Hospital  
PEGASUS B  
This session will present a learning tool that demonstrates skin hazards and skin protection through hands-on exercises that may be used in education and training programs. The basics of skin protection and adverse skin effects will be reviewed. Hands-on training exercises will be presented illustrating the potential for skin damage when not properly protected and the impact of using effective protective measures. Examples include: the effects of irritants, application of creams, the impact of different types of gloves and donning/doffing techniques. Attendees will have an opportunity to participate in hands-on exercises and to provide feedback as to the relevance of these exercises their particular work settings. Participants may include some of these modules in their training programs.

Is Your JHSC a Waste of Time?
Laura Yourkin CHRP, Health and Safety Coordinator, Town of Innisfil  
LYRA  
Learn from past examples of non-functioning joint health and safety committees to discover what aspects of your Joint Health and Safety Committee’s need improvement. Identify what needs to change, how to structure the meetings, improve meeting conduct and how to get all members involved. Gain ideas and resources to make your meetings effective and add value to the members and, inherently, the workforce and organization.
After retiring from the NHL, Kennedy in-line skated across Canada to raise awareness of abuse issues. The skate resulted in $1.2 million for The Canadian Red Cross Abuse Prevention Services. In 2006, Kennedy wrote his memoir Why I Didn’t Say Anything, a riveting account of the many psychological impacts of abuse he suffered. Having transformed his own personal situation into positive action, Kennedy continues to carry his message through his organization Respect Group, which provides empowering on-line education for youth serving organizations, school, and the workplace. The Respect in Sport program has trained over 150,000 coaches in the prevention of abuse, bullying, and harassment. Attend this dynamic session and hear Sheldon Kennedy’s message first-hand.

Sheldon will be signing copies of his book In the Trade Show at the Bookstore immediately following his presentation.
**Breakfast Boost**

Dr. Bronwyn Hill, ND, Highpoint Wellness

Breakfast of coffee and a muffin, starving by 11 am, overeating later in the day. Does this sound like a familiar pattern? Breakfast really is the most important meal of the day because it kick-starts your metabolism after a night of rest and provides fuel to your brain and your body. And, it is not just for kids. Whether you are in the boardroom, classroom or on the playing field, you need fuel (blood sugar) to perform your best. Join High Point Wellness Centre and learn how to make smart choices every morning. You’ll also get recipes and enjoy a free smoothie sample.

**Sneak Exercise Into Your Workday**

Dr. Emily Danson, DC, Highpoint Wellness Centre

Stuck in a rut? Can’t find the time to exercise? Even with the best intention to schedule exercise into your day, let’s face it- it’s not always going to happen. If you need some inspiration and help carving out time to get active then this seminar is for you! Joint High Point Wellness Centre as we let you in on ways to sneak activity and exercise into your busy life – at work! Learn some easy tips and tricks to getting exercise without much added effort. You’ll be happy, healthier and have more energy!

**Sweet Dreams**

Dr. Bronwyn Hill, ND, Highpoint Wellness

When was the last time you actually had 8 hours of sleep at night? Are you tossing and turning when you do hit the sack? When you’re scrambling to meet the countless demands of your day, cutting back on sleep might seem like the only answer. Who can afford to spend so much time sleeping, anyway? The truth is you can’t afford not to. Even minimal sleep loss takes a toll on your mood, energy, and ability to handle stress. Even though sleep is essential for your health and wellbeing, 60% of adults report having sleep problems and 40% experience daytime sleepiness severe enough to interfere with daily tasks. The experts at High Point Wellness Centre will provide you with some easy tips to help you get a good night’s sleep so you can function at your best.

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**Healthy Cooking Stage**

**Cooking with Ontario Pork!**

Andrea Villneff, Nutritionist, BASc, PHEc, Ontario Pork

As the Nutritionist for Ontario Pork, Andrea develops healthy recipe resources, reviews the most recent research on protein and can often be found performing food demonstrations. With a strong background in nutrition and the culinary arts, Andrea emphasizes that you don’t have to sacrifice taste for health! Come to the Healthy Cooking Stage, for an interactive cooking demo and taste test - recipes also available.

**Quinoa Pork and Apple Salad**

11:00 am – 11:30 am

**Pork Burgers with Mango Salsa**

12:45 pm – 1:15 pm
### Conference Opening & Keynote

**Hall 1 - 8:00 am**

**Return on Imagination: Innovation Through Visual Thinking**

Tom Wujec - World Renowned Expert on Innovation

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<td>Orion C</td>
<td>Lessons Learned 10 Years After a Fatality at Versa Cold Storage</td>
<td>Is Work Killing You? A Doctor’s Prescription for Treating Workplace Stress</td>
<td>Criminal Negligence at Work: Chilling Liabilities and Practical Strategies</td>
<td>Christmas Eve Swing Stage Collapse: Case Overview and Lessons Learned</td>
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<tr>
<td>Vela A</td>
<td>WHMIS After GHS: SDS’s, Labels and Training</td>
<td>Multigenerational Workforces: Generation Y</td>
<td>Building a New Momentum</td>
<td>Identifying and Managing Substance Use in the Workplace</td>
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<tr>
<td>Phoenix C</td>
<td>Employee Engagement and Retention</td>
<td>SUPERVISORS FORUM Supervisor Competency, Roles and Responsibilities</td>
<td>SUPERVISORS FORUM Waking up to Fatigue Factors in the Workplace</td>
<td>Do No Harm: Preventing Psychological Injury at Work</td>
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<td>Pegasus B</td>
<td>Prevention of Occupational Cancers: Radiation Safety Perspective</td>
<td>Integrating your Health and Safety Program into a Management System</td>
<td>Robot Standard CSA 434-03 - An Overview</td>
<td>Using Hands-On Exercises in your Training Programs to Increase Skin Hazard Awareness</td>
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<td>Lyra</td>
<td>SUPERVISORS FORUM Managing Mental Health in the Workplace</td>
<td>Contractors Large or Small: How to Cover Your Assets</td>
<td>Sitting Disease: Is Sitting the New Smoking?</td>
<td>Is your JHSC a Waste of Time?</td>
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<td>Room 104</td>
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<td>Due Diligence in Addressing Water Damage and the Risk of Mould in Workplaces</td>
<td>Emerging Functional Fitness Evaluations in Heavy Industry</td>
<td>Work Related Asthma: If you Can’t Breathe, Nothing Else Matters</td>
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### Conference at a Glance - Tuesday

**THE HEALTHY LIVING CENTRE** in the Trade Show

- **9:30 am - 9:50 am**: Breakfast Boost – Sneak Exercise into Your Workday
- **10:15 am - 10:35 am**: The ABC’s of Fall Protection
- **1:15 pm - 1:35 pm**: Using Leading Indicator Information to Risk Manage OHS Performance
- **2:00 pm - 2:20 pm**: Due Diligence in Addressing Water Damage and the Risk of Mould in Workplaces
- **2:30 pm - 2:50 pm**: Emerging Functional Fitness Evaluations in Heavy Industry
- **3:00 pm - 3:20 pm**: Work Related Asthma: If you Can’t Breathe, Nothing Else Matters
- **3:30 pm - 3:50 pm**: E-Learning Classroom - Health & Safety e-courses available all day

**HEALTHY COOKING DEMONSTRATIONS**

- **11:00 am - 11:30 am**: Breakfast Boost – Sneak Exercise into Your Workday
- **12:15 pm - 12:35 pm**: Using Leading Indicator Information to Risk Manage OHS Performance
- **1:25 pm - 1:45 pm**: Due Diligence in Addressing Water Damage and the Risk of Mould in Workplaces
- **2:00 pm - 2:20 pm**: Emerging Functional Fitness Evaluations in Heavy Industry
- **2:30 pm - 2:50 pm**: Work Related Asthma: If you Can’t Breathe, Nothing Else Matters
- **3:00 pm - 3:20 pm**: E-Learning Classroom - Health & Safety e-courses available all day

### QUIZ SHOW

- **10:45 am - 11:15 am**: Partici[pants in Prevention Conference.com
- **3:15 pm - 3:45 pm**: Partners in Prevention Conference.com
**Keynote Hall 1 – 8:00 am**  
**Why I Didn’t Say Anything: The Psychological Impacts of Abuse**  
Sheldon Kennedy - Former NHL Hockey Player, Co-Founder, Respect Group Inc.

**Room** | **9:30 am - 10:30 am** | **11:00 am - 12:00 pm** | **2:45 pm - 4:00 pm**
---|---|---|---
Orion B | Ministry of Labour Mock Trial | New Horizons in Health & Safety: The Psychologically Healthy and Safe Workplace | Legal and Ethical Implications in Health and Safety
Orion C | Canada’s Safest Employers Leadership Panel | Influencing Safety for all Generations: How to Get Total Buy-In from Everyone | Environmental 101
Vela A | Electrical Safety: Risks, Results, and New Thinking | How ParticipACTION is Helping Canadians Get Moving | Sleep Disorders and How They Impact Workplace Safety
Vela C | Contracting for Temporary Workers | BEST PRACTICES FORUM Burst your Bubble: Implementing a Mental Health Program | Optimizing Industrial Heavy Equipment Seating to Minimize Whole Body Vibration: A Case Study
Phoenix C | Return to Work | Reduce Your Costs with Good Lift Truck Safety Management | AODA Compliance: Are you Prepared?
Pegasus B | BEST PRACTICES FORUM Safety Really Pays! | Psychology of Safety: Why is OHS 50 Years Behind? |
Lyra | JHSC: Next Generation IRS Auditors | Working Without Commitments: Precarious Employment |
Room 104 (Hall 1) | Safe Work Environments in Small and Medium Size Firms | Driving as We Knew It |
Hall 2 - Working at Heights | The ABC’s of Fall Protection | Falling Into Safety |
Hall 1 Classroom | E-Learning Classroom – Health & Safety e-courses available all day | Health & Safety Awareness Training for Workers and Supervisors available all day |

**THE HEALTHY LIVING CENTRE in the Trade Show**

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</table>
Breakfast Boost | Sneak Exercise into Your Workday | Sweet Dreams | Andrea Villneuf, Ontario Pork | Andrea Villneuf, Ontario Pork |
Quinoa Pork and Apple Salad | Pork Burgers with Mango Salsa | Pork Burgers with Mango Salsa |

**QUIZ SHOW**

10:45 am - 11:15 am

**HEALTHY COOKING DEMONSTRATIONS**

Sponsored by Kimberly Clark Professional
BEST PRACTICES FORUM

Safety Really Pays!
Mike Hannah  Health and Safety Director, Continental Mushrooms
Sheila James  Consultant, Workplace Safety and Prevention Services (WSPS)

PEGASUS B
In a matter of months this company has changed from paying high WSIB premiums based on injury frequency, to getting 5 figure rebates! Their visit from the Ministry of Labour lasted weeks and yet Continental paid no fines or penalties. Find out what they did that resulted in an improved bottom line and how they got greater productivity from workers so the owners can now sleep comfortably at night knowing their employees are safe.

Return to Work/Work Reintegration
Andrew Sampogna  Employer Advisor, Office of the Employer Advisor (OEA)

PHOENIX C
The Workplace Safety and Insurance Board (WSIB) Work Reintegration (WR) program integrates return to work, re-employment, and labour market re-entry (LMR). The goal is for the employer to return the worker to work that they have the skills to perform, that is consistent within their functional abilities and that, to the extent possible, restores pre-injury earnings, ideally returning to the pre-injury job. Attend this session to learn more about effective return to work/integration programs, legal responsibilities and re-employment obligations and how you can get assistance with appeals.

Next Generation JHSC: IRS Auditor
Yvonne O'Reilly  CRSP, Owner, O'Reilly Health & Safety Consulting

LYRA
Joint health and safety committees (JHSC) form an integral part of your internal responsibility system (IRS). Has your committee moved past just conducting housekeeping and inspections to effectively evaluate the employer’s written program? Does the committee go beyond reviewing statistics to evaluate the implementation of the OHS management system? Are you guided by a Committee Manifesto? Effective committees significantly contribute to positive safety culture and achieving continuous improvement. This interactive presentation will help take you to the next step, and provide tools to prepare your JHSC committee members to become ‘IRS auditors’.

Contracting for Temporary Workers
Rachel Goldenberg  Associate, Bernardi HR Law
Yvonne Vernon  Health and Safety Coordinator, Express Employment Professionals
Steve Hinds  Senior Health and Safety Specialist, ArcelorMittal Dofasco

VELA C
Do you hire temporary or “assignment” workers at your workplace? Think you know what your legal responsibilities are as an employer? Attend this session to hear from a human resources lawyer, a temporary agency, and a company that hires temporary workers. You will learn more about your responsibilities and potential liability under the Employment Standards Act and the Occupational Health and Safety Act. You will also learn about “co-employment”, supplemental workforces, orientation training and record keeping requirements, and how agencies prepare their associates for individual assignments.

Electrical Safety: Risks, Results & New Thinking
Scott Saint  Chief Public Safety Officer, Electrical Safety Authority (ESA)

VELA A
As part of its mandate, ESA is responsible for identifying and targeting leading causes of electrical risk; raising awareness, educating, and training in electrical safety; ensuring compliance with regulations; investigating fatalities, injuries and fire losses associated with electricity; and engaging with stakeholders to improve safety. Attend this session to meet Scott Saint, the recently appointed Chief Public Safety Officer. You will hear that one of his challenges is stubbornly high electrical worker fatalities not consistent with the decline ESA has seen in other occupations. Learn about ESA’s passion and conviction for improving electrical safety and about getting at-risk workers to think differently about how they approach electrical safety in their day-to-day activities on the job.

Safety Leadership: Creating an Integrated Environmental Health and Safety Management System
David Johnston  CRSP, Director, Environmental, Health and Safety - Organizational Effectiveness and Environment, Health & Safety Division Toronto Hydro-Electric System Limited

VELA B
A good safety leader’s role has to go beyond advising and be more of a driver of programs and leading with passion. For the last 30 years David Johnston has successfully turned around safety performance in a variety of industries - aerospace, automotive, chemical, and food. In July 2011, David started developing and implementing an integrated health, safety and environmental management system at Toronto Hydro, which has 1,530 employees. The company achieved OHSAS 18001 and ISO 14001 certification in February 2013. Through striving for the ISO certification, Toronto Hydro saw a huge cultural shift take place across the organization. You will learn why managing risk factors were a critical part of delivering their successful program. This includes conducting an annual EHS risk assessment (as per OHSAS18001) down to the individual pre-job risk assessment every crew does before starting any job. Attend this insightful session to learn more about the success Toronto Hydro has had, from the Safety Leader of the year for 2013!

Safe Work Environments in Small and Medium Size Firms
Behdin Nowrouzi  PhD, MPH, MSc. OT, Reg. (Ont.), Post-Doctoral Fellow – Northern Ontario School of Medicine, Sudbury, Canada, Canadian Institutes for Health Research Fellow in Work Disability Prevention, Researcher, Centre for Research in Occupational Safety & Health, Laurentian University

Olena Chapovalova  MPH, RN, Consultant Specialist, Research, Evaluation and Product Development, Public Services Health & Safety Association (PSHSA)

ROOM 104 (HALL 1)
The Centre for Research in Occupational Safety and Health at Laurentian University together with the Public Services Health and Safety Association surveyed a diverse group of small businesses in Ontario, exploring their challenges and facilitators to creating a safe and healthy workplace. Results of the survey indicate that a work disability prevention approach needs to be established to promote a safe work environment and culture. As part of this session, we will provide policy and practical recommendations specifically relevant for small and medium sized businesses in Ontario.
Partners in Prevention 2014 SHOW GUIDE | 29

Working at Heights Pavilion
Sponsored by Honeywell

The ABC’s of Fall Protection
Kerry Spellman Construction Safety Sales Manager, Honeywell Safety Products

TRADESHOW – HALL 2
This session will cover basic knowledge of a fall protection system including: Anchors, Body Wear, and Connecting devices, including proper use and inspection of fall protection equipment. Practical demo included!

WEDNESDAY 11:00 am – 12:00 pm
Driving as We Knew it
Doug Annett Director of Operations, Skid Control School

ROOM 104 (HALL 1)
For decades, driver training has focused on eliminating driver error. Can autonomous vehicles be the single biggest leap forward in safety for vehicular transportation? This session recounts the history and future of autonomous vehicle development and goes on to explore the role that fleet management, procurement, safety training and infrastructure will play in the not so distant future. As a delegate to the 2013 Transportation Research Board Workshop on Vehicle Automation at Stanford University, Doug Annett will provide a glimpse into the crystal ball of transportation in 2020 and show what embracing this technology will mean.

Influencing Safety for All Generations: How to Get Total Buy-In From Everyone
Garrison Wynn Leadership Speaker and Best-Selling Author

Whether you are trying to reduce your number of recordables, or prevent a good safety record from creating complacency, this entertaining presentation is more than just a safe bet. It will get you laughing, learning and motivated to create a culture of safety. With a focus on generational differences, the program explains why older employees get stuck in their ways and why younger people are more likely to snap a picture of a fire than run from it! Garrison is the author of the bestseller of “The REAL Truth About Success”, has co-authored with Stephen Covey and has been a weekly contributor to the Washington Post. Garrison’s presentation goes beyond a magnetic performance; it leaves you with research-based solutions from his Fortune 100 client list that you can implement right away.

How ParticipACTION is Helping Canadians Get Moving
Christa Costas-Bradstreet Relationship Manager, ParticipACTION
VELA A
ParticipACTION has a vision of creating a Canada where physical activity is a vital part of everyday life. This is an ambitious vision that can’t possibly be achieved alone. Since reopening in 2007, ParticipACTION has developed an extensive network of advocates and partners to help Canada move towards this goal. Through social media communities, community-based events, ongoing conversation and the provision of information and resources, they are helping individuals, organizations and communities set realistic and achievable goals to help Canadians get moving. Attend this session to learn how they are using social marketing, strong partnerships and communities of practice to create the social shift necessary to achieve their goal.

BEST PRACTICES FORUM

Burst Your Bubble: Implementing a Mental Health Program
Will Stratford Manager of Health, Safety and Environment, Waterloo North Hydro
Danielle Stewart Founder of Burst Your Bubble, The Mental Health Support Program at Laurier University
VELA C
There is an abundance of information available categorizing mental illnesses. How do you take the available information and create a program? This session identifies the lessons learned by a hydro utility in Ontario that wrestled with implementing a program that no one wanted to talk about. In this interactive session, you will learn how attempting to eliminate the stigma of mental illness brings you face to face with social issues in every workplace and in every family.

Psychology and Safety: Why Is OHS 50 Years Behind?
Dr. Peter Strahlendorf B.Sc., LL.B., LL.M., BES, SJD, CRSP, Associate Professor, School of Occupational and Public Health, Ryerson University
PEGASUS B
In the last 10 years, many organizations across Canada have embarked on OHS programs based on behavioural psychology - a branch of psychology from the 1950s and 60s. Neuroscience, not behavioural psychology, is the rapidly advancing discipline today. What do we now know about age and sex differences in risk perception? Are people motivated by things other than external rewards? Are personality types associated with accidents? Is there something to the long discredited idea of “accident proneness”? What happens to people with ADD who have a tendency to distraction? Do recent advances in psychology have practical applications in OHS? Gain insight into today’s complex behavioural issues and take away relevant considerations for today’s workforce as well as your health and safety program.
Cooling Tower Systems & Legionnaire’s Disease
Stuart D. Klatskin, P. Eng., Regional Technology Manager, GE Water and Power
VELA B
Legionnaire’s Disease is considered an occupational risk, and best practice procedures are required to meet safety standards, and some recently implemented local by-laws. Cooling towers can be a good environment for Legionella to grow and these towers can release large quantities of water droplets to the air. This is why they are often linked to outbreaks of Legionnaires’ disease. Droplets with high concentrations of Legionella may then enter a building if, for example, the ventilation system intake is near the cooling tower. This session will explore legionnaire bacteria, activity and best practice treatment programs to prevent a legionella outbreak, as well as a risk management plan that will help you manage the risk.

Reduce Your Costs with Good Lift Truck Safety Management
Chuck Leon, Sr. Technical Consultant, Workplace Safety and Prevention Services (WSPS)
PHOEnIX C
Learn why it is so important to implement a lift truck safety management system, the process to managing lift truck health and safety and how you can lead the implementation for injury and cost reduction. A lost time injury can cost your company hundreds of thousands of dollars in possible product damage, production slow down, training replacement workers, time involved in accident reporting and investigation, not to mention workers compensation costs. You will also hear about the Ministry of Labour 2014 warehouse safety blitz campaign, racking safety, hazard identification and MSD issues regarding your Lift Trucks.

Best Practices Forum
Wednesday features the Best Practices Forum. Attend any of these three sessions to learn from companies who have done it themselves and are sharing their experiences to help you.

9:30 am  Safety Really Pays!
11:00 am  Implementing a Mental Health Program
2:45 pm  Safety Coated Profit

Working Without Commitments: Precarious Employment
Professor Wayne Lewchuk, School of Labour Studies & Department of Economics, McMaster University
LYRA
According to a ground-breaking study released last February by McMaster University and United Way Toronto, a staggering 50 per cent of Ontario workers at all income levels are engaged in jobs that have at least some of the characteristics of precarious work — which is described as temporary, with no benefits and often low-paying. The Labour Minister is expected to announce new legislation to protect “precarious” workers. If passed, Ontario would be the first province in Canada to enact so-called “joint and several liability” for temporary help agencies and their client companies. The labour law reforms are also expected to expand workers’ ability to claim unpaid wages, ban recruitment fees for all migrant workers and extend workplace health and safety protection for unpaid interns. Attend this session to learn more about how this proposed legislation may affect you and your company.

Working at Heights Pavilion
Sponsored by Honeywell
Falling Into Safety
Dan Maksimyu, Consultant, Infrastructure Health and Safety Association (IHSA)
TRADE SHOW HALL 2
Attend this valuable session to hear Dan’s personal story about an accident he experienced with a roofing company. “Falling Into Safety” is the true story of how his whole perspective changed after his fall, how he coped with his injuries, and how he turned his challenge into an opportunity. You will also obtain quick tips you can use back at your workplace, and participate in an interactive demo with fall prevention equipment.

Health & Safety E-Course
Available All Day
Find out just how easy e-learning can be! Visit us in Hall 1 and take a 1 hour Health & Safety e-course at no charge. When you complete the course, you will receive a certificate a completion. The e-lab is limited to 1 course per person, and is available on a first come – first served basis.

NEW! Mandatory Occupational Health and Safety Awareness and Training
Under the new Occupational Health and Safety Awareness and Training regulation of the Occupational Health and Safety Act, which comes into force on July 1, 2014, all employers in Ontario must ensure that their workers complete a basic health and safety awareness training program. CCOHS’ newest e-course, Health and Safety Awareness for Ontario Workers, helps employers meet this requirement. This one hour course will provide participants with an understanding of their health and safety rights and responsibilities in Ontario as well as the internal responsibility system (IRS), and the duties of the employer, supervisor and worker. Upon completing this e-course, participants will be able to print a Certificate of Completion.
WEDNESDAY  Lunch & Keynote

Lunch – 12:00 pm

Keynote – 1:00 pm

Michael “Pinball” Clemons
CFL Legend | Toronto Argonauts Vice-Chairman
Winning Against the Odds

Few people exemplify the qualities of personal excellence, teamwork, community leadership, and overcoming the odds better than CFL legend Michael “Pinball” Clemons. With boundless energy, Pinball’s talks centre on the potential for each of us to achieve anything we set our minds to. Unabashedly emotional and impactful, he shows audiences how to put heart into everything they do. All Heart is a story of winning against all odds, of succeeding while others predicted failure, of giving more when less would have been satisfactory. Here, Michael Clemons tells of his battle to find his niche, revealing the inner workings of two quite different professional leagues, the management, the coaches and the players. An athlete with true character, an incredibly generous spirit and a quiet dignity that shines on and off the field, Michael tells how his upbringing has shaped him, how his steadfast faith has always guided him, and how his commitment to his team and his community is much more than just a professional veneer, but a deeply held feeling of true spirit and belonging.

WEDNESDAY 2:45 pm – 4:00 pm

New Horizons in Health and Safety: The Psychologically Healthy and Safe Workplace
Christina Hall  Partner, Fasken Martineau DuMoulin LLP
Samantha Seabrook  Associate, Hicks Morley

ORION B
The high cost of mental health issues and a series of high profile workplace incidents have led to increasing calls for employers to take steps to provide employees with a psychologically safe workplace. There is also a growing patchwork of laws, and potential sources of liability that touch on issues related to workers psychological health and safety. Does the law actually require employers to proactively create a psychologically healthy and safe workplace? Or merely protect against violence and harassment? Attendees will learn about existing legal obligations in relation to psychological health and safety; the emerging trend towards protecting workers from psychological hazards and compensating workers for psychological harm; recent Canadian court and tribunal decisions addressing psychological health and safety; and best practices to manage psychological health and safety and mental health in the workplace.

Sleep Disorders and How They Impact Workplace Safety
Dr. Richard Bonato  President and CEO, Braebon Medical Corporation

VELA B
Research shows too little sleep is correlated with shorter life expectancy, increased workplace accidents, reduced productivity and overall poorer health. Methods to identify excessive daytime sleepiness and sleep-related health and safety workplace issues will be addressed. Techniques to cope with insomnia, shiftwork, snoring and sleep apnea will also be provided with emphasis on practical health and safety implications.
BEST PRACTICES FORUM

Safety Coated Profit

Brian Weafer  Vice President, Manufacturing/Production/Operations, and the Yorkville Sound team: Brenda Carpenter, Gerry Richard, Sheila Thomson and Kathy Haney

PEGASUS B

In 2006, the management team at Yorkville Sound recognized that their manufacturing practices had become mediocre and they began to lose the ability to make a quality product efficiently. They embarked on a journey to improve, by using the Lean Manufacturing process and along the way realized that safety was an integral part of their improvement process. By focusing on safety, quality and lean, they realized profits they had not even dreamed of. Come and share the journey with the Yorkville Sound team.

Plan, Do, Check, Act:
Realizing Health and Safety Success

Chris Moore  Manager, Training and Education Services, Canadian Centre for Occupational Health and Safety (CCOHS)

VELA C

Managing the ongoing health and safety challenges that your organization faces, can be both complex and time consuming. Developing an OHS Program provides a framework for handling key activities and ensuring continual improvement while taking the holistic approach. At the center of all this is leadership—health and safety champions—who act on their health and safety cultural values and provide the means for health and safety success. From real-work examples, learn how the Plan, Do, Check and Act cycle of activities helps your organization identify and manage health and safety hazards, risks and issues. Find out how to improve compliance and achieve positive performance—for safety, health and well-being—now, and in the future.

Environmental 101

Ron Ormson  P. Geo., Director, Engineering and Construction Development Services, City of Waterloo

VELA A

Does your health and safety role continue to demand environmental knowledge? This awareness session will provide links to build on your health and safety foundation and expand into environmental aspects of traditional health and safety. Let’s stimulate your environmental thinking as your health and safety role grows. Come discover the environmental aspect of the new health and safety roles.

Optimizing Industrial Heavy Equipment Seating to Minimize Whole Body Vibration: A Case Study

Patricia Hope  M.Sc., CCPE, Ergonomist - Safety and Environment, Essar Steel Algoma Inc.

PHOENIX C

This interactive session will outline a multi-year applied research study that focused on optimizing seating in heavy equipment used in an integrated steel mill through whole-body vibration analysis. The goal of the study was to improve the working environment for workers operating different types of heavy equipment. The session will outline the project from inception: industrial ergonomist identifying the work-related risk; to coordination of applied research with two University Research Teams; and successful end result of installation of recommended seats with operator feedback. This was a two phase project funded by the Research Advisory Council, Workplace Safety and Insurance Board, (WSIB).

AODA Compliance: Are you Prepared?

Jennifer Threndyle  CB.Ed.-Adult Ed., MBA, AODA Specialist, Consultant, Workplace Safety and Prevention Services (WSPS)

LYRA

The Accessibility for Ontarians with Disabilities Act (2005) applies to any organization in the province of Ontario with one or more employee. The Ministry of Economic Development, Trade and Employment has started to audit and send out non-compliance letters for the Customer Service Standard (compliance date was January 1, 2012). The Integrated Standard deadline was January 1, 2014 for organizations with fifty or more employees. Attend this session to learn about the requirements for the Customer Service Standard and the Integrated Standard which is comprised of the Information and Communication Standard, Employment Standard and the Transportation Standard.

Legal and Ethical Implications in Health and Safety

Dr. Peter Strahlendorf  B.Sc., LL.B., LL.M., BES, S.J.D., CRSP, Associate Professor, School of Occupational and Public Health, Ryerson University

Paula M.A. Campkin  MBA, CRSP, Vice President, Industry Development and Audit ENFORM, and Chair of the BCRSP Professional Conduct Committee

ORION C

As a safety professional, there is an ethical obligation to your employers and co-workers, members of the public and other professionals. These obligations will be explored through the lens of the Canadian Registered Safety Professional (CRSP)* Code of Ethics. This session will explore the ethical principles outlined in the Code, review the importance of a Code of Ethics and discuss some of the key elements in establishing and maintaining a Code of Ethics document.