What’s Your Health & Safety R·O·I?

Register EARLY & SAVE even more!

YORK REGION
LE PARC CONFERENCE & EVENT CENTRE

NOVEMBER 13, 2014
Power Up Your Health & Safety R•O•I
RE-ENERGIZE • OPTIMIZE • INSPIRE

It is mission-critical to continuously re-energize your workforce while optimizing the return on your training budget. Inspiring your employees to power up your health and safety R•O•I is the best investment you can make to create healthy work environments where employees thrive and businesses prosper.

*Partners in Prevention York Region 2014* will help equip you with the expertise, knowledge and guidance you need to develop organizational health:

- **Knowledge Is Power** – Gain expertise, insight and guidance on legislative requirements, hot-button issues and what’s-coming-next topics.

- **Strategies Lead to Solutions** – Leave with proactive tools and results-based strategies that help you continuously improve and build self-reliance.

- **Activate Your Community of Learning** – Multiply and share your learning through lively peer-to-peer networking and knowledge exchange within your own community.

**CONNECT WITH US**

Get the latest health and safety news, announcements and real-time updates on the Partners in Prevention Conference series on Twitter and LinkedIn.

**TWITTER**

*@WSPS_NEWS*

Use hashtag #PiP_Conf to join the conversation.

**LINKEDIN**

Workplace Safety & Prevention services View our Partners in Prevention Conferences showcase page.

**EARN HRPA AND BCRSP POINTS**

This conference has been approved for 10 continuing professional development hours by the Human Resources Professionals Association. BCRSP has previously awarded CM points for this event. The event contains 6 technical hours and may be eligible for BCRSP CM points. See BCRSP web site at [www.bcrsp.ca](http://www.bcrsp.ca) for CM point criteria.
CONFERENCE SCHEDULE

Registration/Breakfast & Trade Show Opens at 7:00 am

Morning
Opening Remarks 7:50 am
Morning Keynote 8:00 am
Series 1 Sessions 9:00 am
Series 2 Sessions 10:50 am

Afternoon
Lunch Keynote 12:30 pm
Series 3 Sessions 1:45 pm
Series 4 Sessions 3:00 pm
Adjournment 4:00 pm

WANT TO BE A SPONSOR?
Find out how you can profile your brand alongside Partners in Prevention. Demonstrate corporate social responsibility while extending your market reach to local industry, community and government agencies who attend this event.

For more information or to tailor a sponsorship package, visit: wbps.ca/exhibit

Or contact:
Kristina Toomey
Trade Show & Sponsorship Specialist
905 614 1400 x2244 or 1 877 494 WSPS (9777)
kristina.toomey@wbps.ca

SPONSORS
Partners in Prevention 2014 York Region thanks the generosity of its sponsors.

Current sponsors at time of publication:

GOLD

Board of Canadian Registered Safety Professionals
Conseil Canadien Des Professionels En Sécurité Agréés

SILVER

BRONZE
WHAT’S NEW
Each year we refresh the conference program to reflect new and emerging issues.

NEW SESSIONS FOR 2014
- Diffusing Aggressive Behaviour in High Risk and Customer Facing Roles
- JHSC Critical Injury Investigations (workshop)
- Life at Google’s Toronto Office: A Unique Change of Space
- Benchmarking Safety Culture: The OLIP Project and Employee Engagement
- Moving to the New Workspace: Ergonomics and Job Tasks
- Preparing for Winter Hazards: Property Management Risks
- Next Generation JHSC’s: IRS Auditors
- “But It Came That Way!” Learn What You Need to Know About Machine Guarding
- Utilizing Team Norms: A Tool to Lead Teams to Excellence

SOME NAMES YOU MAY RECOGNIZE
We’re pleased to have the following local speakers in this year’s program:

Google, Andrea Janus, Facilities Manager, Canada
Bernardi HR Law, Zaheer Lakhani, Lawyer
CBRE Ltd, Richard Conohan, Senior Facilities Manager
Rescue 7, John Collie, President & CEO
The Redlands Group, Dylan Short, CRM, CHSC, Managing Director
Institute for Work & Health, Sheilah Hogg-Johnson, PhD., Associate Scientific Director and Senior Scientist
Toronto Hydro-Electric System Limited, David Johnston, CRSP, Director, Environmental, Health and Safety
Canada Fibers Ltd., Jo-Ann Stenabaugh, Manager HR and H&S
York Regional Police, Constable Imtiaz Manjra

BREAKFAST KEYNOTE
8:00 – 8:45 am

DR. STACY IRVINE
BSc. Kin; M.Sc.; D.C., CSCS, Founder and Co-Owner
Totum Life Science

SITTING DISEASE: WHY YOU MUST CHANGE THE WAY YOU WORK
Thought provoking, energetic and inspirational, Dr. Stacy Irvine will demonstrate simple ideas you can follow to combat the effects of ‘sitting disease’ and also enhance your brain power while at work. Dramatic statistics will reveal the dangers of a sedentary job. Even if you do not sit most of the day, your lifestyle may still put you at risk. And, if you think exercising a couple of nights a week is a quick fix – think again! Startling facts about your current lifestyle will be revealed to help move you to make changes now... while you still can! Dr. Stacy Irvine is a local talent. She has appeared as a fitness expert on Canada AM, Global Television Network, City TV, WTN and Balance: Television for Living Well. In addition she is frequently quoted as a fitness expert in Flare, Chatelaine and Glow magazines and the Globe and Mail and Toronto Star newspapers.

LUNCHEON KEYNOTE
12:30 – 1:30 pm

STUART KNIGHT
Award Winning Entrepreneur,
Critically Acclaimed Author and Producer Extraordinaire

‘YOU SHOULD HAVE ASKED!’
THE ART OF POWERFUL CONVERSATIONS
Tired of the same old small talk? Think you really know someone that you have been working for, with or providing service to? Is there a personal relationship you want to strengthen? Find out how to make people feel exciting, interesting and that they can trust you during this hilarious and thought provoking presentation. Stuart will convince you to put down your devices and really connect with others, whether it’s your partner, colleague, best friend, customer, family member or neighbour. Learn how powerful conversations will lead you to a powerful life. Stuart Knight is a critically acclaimed author and communication expert who will teach you how to connect with fellow human beings in a way that will make them ‘really like you’ – like never before!
**Diffusing Aggressive Behaviour in High Risk and Customer Facing Roles**

*Constable Imtiaz Manjra, York Regional Police*

Aggression is a complex emotion. Defining what is acceptable versus what can lead to violence is difficult. The likelihood of encountering violence is higher when working with customers and the general public. By understanding the behavioural levels and verbal and non-verbal signs of a person experiencing anxiety, frustration or anger, you will learn the types of responses that help diffuse a situation and those actions you should avoid. Specific measures will be emphasized in order to limit the risk of injury to yourself and those around you. A short Q&A will follow.

**Managing ‘At Risk’ Driving Activity**

*Dylan Short, CRM, CHSC, Managing Director, The Redlands Group Inc.*

Traditionally, driver management programs have been reactive in nature responding only after a driver is involved in a crash. Research has determined a range of statistically significant driving activities, including violations, convictions and past crashes, associated with future crash likelihood. Based on the research, this session will identify the specific driving activity that leads to an increased risk of crash. Once identified, a series of recommended countermeasures can be utilized to interrupt the cycle and reduce the risk of future crashes.

**Electrical Accidents: Case Studies and Prevention**

*Mark Jorgensen, Worker Safety Specialist, Electrical Safety Authority (ESA)*

Attend this session to hear about recent electrical accidents and understand how they can be prevented in your workplace. You will hear that electrical worker fatalities are stubbornly high and not consistent with the decline ESA has seen in other occupations. Learn about ESA’s passion and conviction for improving electrical safety and about getting ‘at risk’ workers to think differently about how they approach electrical safety in their day-to-day activities on the job.

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**Workshops**

**THURSDAY, NOVEMBER 13**

**Workshop 9:00 – 10:30 AM**

**JHSC Critical Injury Investigations**

*Laura Yourkin, CHRP, Coordinator, Health & Safety, Town of Innisfil*

Join us for this interactive workshop to learn first-hand about your JHSC responsibility for critical injury investigations. You will receive tools on what and how to collect information, then conduct an analysis and complete the report for the MOL in a fun way to engage your JHSC table members in understanding their roles and responsibilities.

**Workshop 9:00 – 10:30 AM**

**The Supervisor’s Daily Challenge: Finding the Safety Leader Within**

*Greg Swan, CRSP, Consultant, Public Services Health & Safety Association*

As a supervisor, you are pushed and pulled in every direction. So, how do you make time for safety? What direction are you sending your team in and what message are you giving them? Do you want to just avoid Ministry of Labour charges or be an industry leader in OH&S? This workshop will help identify challenges that impede your ability to manage safety then, discover what you can do differently to motivate your team and your entire organization to be world class safety leaders.

**E-Learning Lab – Open during sessions**

Take a one-hour health and safety e-course at no charge. Certificate issued upon completion. Limit one course per participant during the conference. Maximum of 8 participants per session. Seating is first-come, first-served. Select from the following list of modules:

- Accident Investigation
- Contractor Health & Safety
- Joint Health & Safety Committees
- Ladder Safety
- Office Ergonomics
- Preventing Falls from Slips and Trips
- Return to Work
- WHMIS for Managers and Supervisors
- WHMIS for Workers
SERIES 2
10:50 – 11:50 am  CHOOSE ONE

Life at Google's Toronto Office: A Unique Change of Space
Andrea Janus, B.A., Facilities Manager, Google Canada

Google is recognized around the world as one of the best places to work. Widely acknowledged for their innovative work environments, less well known is the focus that is put on health and wellness as part of the workplace design. In this session, hear about Google's new Toronto office and how it was created with health in mind. This includes both the physical design of the space that encourages movement—sedentary lifestyles are a huge health risk—and their innovative approach to nutrition. Andrea will discuss how the new design came about, the factors that were considered and ultimately how it mirrors and reinforces the culture of this dynamic organization while creating a healthy mind and body work environment. Gain some ideas from this exciting transformation that might become a catalyst for your company’s journey.

The Risky Business of Mechanical Material Handling
Chuck Leon, CRSP, P.M.M, Senior Technical Consultant

Learn what can go wrong and how to prevent it from happening when receiving, moving, lifting, storing and shipping product. Become more knowledgeable on hazards and necessary controls when working with lift trucks, storing on racks, using manual material handling equipment, ladders, conveyors and other equipment around your loading docks. Assist your firm in its strategy of risk reduction as you move towards a managed system for your workplace and obtain valuable resources to help identify the risks that you will likely encounter.

Benchmarking Safety Culture: The OLIP Project and Employee Engagement
Sheilah Hogg Johnson, PhD., Associate Scientific Director and Senior Scientist, Institute for Work & Health
Sameer Masood, Account Manager, Workplace Safety & Prevention Services

Are you struggling to sustain your H&S program or get employee commitment? Do you want to strengthen your health and safety system and culture? Explore the connection between leading and lagging indicators through the results of an Ontario business survey on OHS conducted by the Institute for Work and Health on 2,000 Ontario businesses. Discover what leading indicators were included in the survey. Can these indicators be utilized to benchmark OHS performance for your company? Explore these leading indicators in order to determine ways that you can gauge employee perception and improve employee engagement in your workplace.

Stressed at Work? Time to Change the Way Stress Impacts Your Life
Eva Marie Moffat, B.Sc., MBA, Gem Life Coaching

More than 50% of Canadian adults report high levels of stress every day. Stress is linked to an estimated 80% of all diseases. Now is the time to change the way that stress impacts your life! This presentation will discuss how stress happens and what are optimal amounts of stress for peak performance. You will receive ten practical, effective and easy to apply strategies for stress management which can be used as a resource to guide your work teams and the important people in your life. Eva Marie is well versed to speak about stress, having raised 6 children while balancing marriage, home, career and professional development - even earning her MBA while raising twin toddler boys! Discover how you can feel more relaxed, productive, efficient and rejuvenated at work and at home!

Preparing for Winter Hazards: Property Management Risks
Richard Conohan, Senior Facilities Manager, IO Property & Land Management Services, CBRE Limited

Whether you are a Property Manager, a Contractor or a JHSC Member, impending winter weather adds an element of risk that requires forward planning. What should be on your checklist as you prepare to weather the storm? What can you do now to eliminate the risk of liability for negligent work done by contractors who plow your parking lots, salt walkways, repair roof damage, fix HVAC systems or other building services affected by winter weather? Also learn about the ‘Smart about Salt’ program - a benchmark for internal responsibility and a great tool to supplement your risk management program.

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- Return to Work
- WHMIS for Managers and Supervisors
- WHMIS for Workers
SERIES 3
1:45 – 2:45 pm  CHOOSE ONE

Utilizing Team Norms: A Tool to Lead Teams to Excellence
Dylan Short, CRM, CHSC, Managing Director, The Redlands Group

Have you ever wondered why some teams develop into high performance groups while others lead to conflict and never seem to deliver on results? This session will outline the basics of ‘Tuckman’s Developmental Sequence’, of small groups and the four stages of group interaction. Additionally, the session outlines how to utilize Team Norms as a communication and behavior management strategy that all team leaders can employ to bypass “the storm” and get to the level of excellence expected in your teams. Attendees will leave with a sample Team Norms template and information on developing above average performance in teams and committees.

“But It Came That Way!” Learn What You Need to Know About Machine Guarding
Michael Wilson, P.Eng., Machine Guarding Specialist, Workplace Safety & Prevention Services

Machine safety is a priority. In order to keep workers safe, you will need to understand what legislation and standards apply, consider common hazards and decide what the most appropriate safeguarding solutions are for your operations. You will hear about the Ministry of Labour 2014 Machine Safety blitz campaign, different safeguarding technologies, considerations for maintenance activities and where to turn for more information.

The Power of Humour
Selina Frechette, RPC, Inside Matters

Laughter and a healthy sense of humour can have a powerful impact on our health and quality of life. As a therapeutic humour program specialist working in hospitals, long-term care facilities and hospice communities, Selina developed presentations such as HumourUS (the benefits of humour), Laugh Yourself Well (health and stress management) and Get Their Attention and Make a Connection (improving communication) that became part of a highly sought after series throughout North America. These presentations are filled with hilarious personal stories, inspiring accounts, and practical ways to benefit from a good laugh.

Managing Mental Health in the Workplace
Zaheer Lakhani, Lawyer, Bernardi HR Law

This timely and informative session will help organizations understand and respond to mental health issues in the workplace. Learn how to recognize and deal with workplace mental health issues and about the duty to accommodate under the Human Rights Code — what it means and how far it goes. You will also learn what you can and cannot say when you suspect an employee needs help, along with simple steps for accommodating employees with mental health issues, and the return-to-work discussion after a disability leave.

The First 10 Minutes
John Collie, President and CEO, Rescue 7

This session will focus on medical emergencies in the workplace and responsibilities of individuals until EMS-911 arrives. Topics will include local 911 services, legalities, personal protective equipment, scene management, medical and traumatic illnesses and injuries including cardiac arrest and the use of defibrillators. This is a great session for lay rescuers, health and safety team members and anyone willing to help in a medical emergency.

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Partners in Prevention 2014

**MOL Update, Questions and Answers**
Vivien Wharton Szatan, Provincial Coordinator, Industrial Health & Safety Program, Operations Division, Ministry of Labour
Jennifer Wong, Training and Safety Program Branch, Prevention Division, Ministry of Labour
Michael Chappell, Provincial Coordinator, Construction Health & Safety Program, Operations Division, Ministry of Labour

Join us for the latest updates or changes from certification training to working at heights and mandatory training. Have your questions answered on a variety of topics that can be addressed by our panel of MOL speakers.

**Moving to the New Workspace: Ergonomics and Job Tasks**
Alexandra Stinson, B.Sc., R.Kin, CCPE, Ergonomic Specialist, PROergonomics

Today’s office workspaces are starting to look drastically different from what we are used to. Traditional offices are disappearing, spaces are downsizing and furniture is changing. Learn two different approaches to maintaining optimal office workstation health regardless of workstation style. The first approach is an employee based method that takes individual workers through a step-by-step process of evaluating and improving workstation set-up. The second, geared toward Health & Safety Managers and/or Joint Health & Safety Committees, provides a systematic approach to educating and improving these new workspaces including key indicators to evoke change when challenges arise. Participants will leave with a better understanding of how they can improve and manage the ergonomic challenges of diverse workstations.

**Next Generation JHSCs: IRS Auditors**
Yvonne O’Reilly, CRSP, Owner, O’Reilly Health & Safety Consulting

Effective committees significantly contribute to a positive safety culture and can play a key role in assessing and supporting your internal responsibility system (IRS). This interactive presentation will provide tools and tips on how to evolve your committee to become IRS Auditors. Topics include evaluating the structure and purpose of your committee, assessing how the IRS has been defined, communicated and monitored, and how to take steps to evaluate the implementation of the OHS management system.

**OHS Profession, Current Competencies and You**
David Johnston, CRSP, Director, Environmental, Health and Safety, Toronto Hydro-Electric System Limited

Do you ask yourself if you are current with the expected competencies of an OHS professional? The Board of Canadian Registered Safety Professionals (BCRSP) conducts research every five years to determine current competencies that are recognized for occupational health and safety professionals. Competencies are identified as the knowledge, abilities, skills, attitudes and judgement required within the industry. This session will outline the competencies that will form the 2015 CRSP Examination Blueprint, and enable you to evaluate your ongoing career and professional development goals.

**Falling From ‘Same Level’ Surfaces – Where are your Risks and What Can you Do About Them?**
Jo-Ann Stenabaugh, Manager HR and H&S, Canada Fibers Ltd.
Kate Gervais, Regional Health & Safety Specialist, Metroland North Media

Slips, trips and falls on walking and working surfaces are a leading and preventable cause of workplace accidents causing strains, fractured bones, head injuries and even death. Learn from two industry leaders about multiple fall hazards and how they have managed areas from manufacturing to warehousing, and from sales staff on the road to office environments. Canada Fibers Ltd., is a multi-faceted recycling company and operates one of the largest single stream recycling complexes in Canada. They work with municipal partners putting recycling programs, like the blue box program, into practice. Canada Fibers also repurposes and recycles to include processes such as paper converting. Metroland Media Group, a subsidiary of Torstar Corporation, is a multi-media company and Ontario’s largest and most successful community newspaper publisher. They also produce/manage consumer shows such as the Toronto Golf and Travel Show, National Bridal Show; digitally manage a network of specialty websites, are a publication commercial printer; and publish regional city magazines.

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Visit the Trade Show!
OPEN 7:00 am – 1:45 pm

Check out the trade show floor with exhibitors showcasing the latest in health and safety-related products, programs and services.

For exhibiting or sponsorship information:
wsps.ca/exhibit
Or contact:
Kristina Toomey
Trade Show & Sponsorship Specialist
905 614 1400 x2244 or 1 877 494 9777
kristina.toomey@wsps.ca

SPECIAL FEATURES AT THE TRADE SHOW

Interactive Health Fair: Take time for yourself and your health. Visit a range of wellness providers and participate in activities that support the services they offer. Get your flu shot, a massage and more!

E-Learning Lab: Take a one-hour health and safety e-course at no charge. Certificate is issued upon completion. Limit one course per participant during the conference. Seating is first-come, first-served. The e-lab is open when sessions are running.

Research Posters and Knowledge Exchange: Visit the poster display showcasing research efforts from the Ontario Occupational Health and Safety System.

Facilitated Networking During Breaks
Bring your business cards and take this opportunity to increase your network at table groups designed for specific industries or careers, (e.g., healthcare, federal, manufacturing, municipal, human resources, etc.) and specific health and safety topics (e.g., material handling, JHSC issues, mental health, MOL Q&A, fall arrest, WSIB, etc.).
Canada’s largest health and safety event is the flagship of the Partners in Prevention Conference Series. It offers:

- Access to best practices, compliance advice and business solutions via 60+ interactive sessions, workshops and professional development courses
- One-stop shopping experience with 400+ exhibitors, an onsite bookstore and feature areas
- Networking opportunities with peers, industry experts, solution providers and new business contacts

Watch for details on the 2015 conference at:
PartnersinPreventionConference.com
**REGISTRATION INFORMATION**

**SUPER EARLY BIRD**
Registration Rate: $249 + HST
Register on or before October 16, 2014

**EARLY BIRD**
Registration Rate: $279 + HST
Register on or before October 30, 2014

**REGULAR Rate:** $309 + HST
After October 30, 2014

**STUDENT RATE:** $49 + HST
Available to full time students on proof of Student ID#. Limited spaces available! Early bird discounts do not apply.

**VOLUME DISCOUNTS**
- 6 to 9 registrations: 5%
- 10 to 15 registrations: 10%
- 16 to 20 registrations: 15%
- 21 or more registrations: 20%

**PAYMENT METHODS**
- Cheque (made payable to WSPS),
- Visa, MasterCard, AMEX or Invoice (approved credit only)

**REGISTRATION RATES** include continental breakfast, keynote speakers, lunch, conference sessions and admission to trade show.

The early bird rate cannot be combined with any other discount or special offer. Volunteer, safety group, volume discounts and any other discounts or special offers cannot be combined.

**SPACE IS LIMITED** We reserve the right to make venue and date changes with notice, speaker changes without notice and to cancel an event due to low registrations. No refunds or cancellations accepted after November 6. Substitutions welcome.

To register or for more information:
**PartnersinPreventionConference.com/York**
1 877 494 9777

**HOTEL RESERVATIONS**
A room block has been arranged at a special rate at the following hotel. Please book directly indicating the group code listed below.

**Courtyard Marriott** – 905 707 6533
65 Minthorn Boulevard, Markham, ON (across the street from the Conference Centre)
Special Group Rate: $129.00 + tax. Refer to Group Code: WSPS Group
Available until October 13, 2014.

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**YORK REGION**
N O V E M B E R 1 3 , 2 0 1 4
WORKPLACE SAFETY & PREVENTION SERVICES (WSPS) is a leader in providing impactful risk management solutions that drive lasting business success for our customers. WSPS offers unparalleled health & safety expertise, insight and solutions for creating healthy work environments where employees thrive and businesses prosper.

A dynamic $43-million organization servicing 154,000 member firms, WSPS is primarily focused on the agricultural, industrial/manufacturing and service sectors. A key player in the Ontario occupational health & safety system, WSPS brings together community and business leaders to influence positive change to create a safer and more profitable Ontario.